

Bulletin 8: Children's use of places to be active in the community

2010-2011 Physical Activity Monitor



	Child's use of public physical activity facilities			Child's use of private physical activity facilities		
	Not at all or rarely	Sometimes	Often or very often	Not at all or rarely	Sometimes	Often or very often
CHILD'S CHARACTERISTICS						
Total, 5 to 17 years						
Boys	37%	30%	33%	65%	17%	18%
Girls	41%	34%	26%	67%	17%	16%
5 to 12	31%	36%	33%	63%	18%	19%
13 to 17	50%	26%	24%	70%	15%	15%
Sport participation						
Yes, participates	31%	34%	34%	62%	19%	20%
No, does not participate	61%	25%	14%	80%	11%	9%
PARENT'S CHARACTERISTICS						
Total, 18+ years						
Fathers/male guardian	42%	32%	27%	70%	15%	15%
Mothers/female guardian	37%	32%	31%	63%	19%	18%
25 to 44	34%	35%	32%	66%	17%	17%
45 to 64	45%	28%	27%	67%	17%	17%
Education level						
Less than secondary	38%	31%	31%	54%	-	28%
Secondary	46%	29%	26%	69%	16%	15%
College	40%	32%	27%	66%	19%	15%
University	36%	32%	31%	67%	15%	18%
Employment status						
Full-time/self-employed	39%	35%	26%	70%	15%	15%
Part-time	41%	29%	30%	65%	16%	19%
Student	-	-	-	-	-	-
Homemaker	42%	26%	33%	65%	-	-
Unemployed for some reason	43%	33%	-	48%	-	-
Retired	-	-	-	-	-	-
Activity level						
Inactive	47%	32%	21%	71%	15%	14%
Somewhat active	44%	31%	25%	73%	13%	14%
Moderately active	40%	31%	30%	67%	18%	16%
Active	35%	33%	32%	63%	18%	19%
HOUSEHOLD CHARACTERISTICS						
Household income						
Lowest quartile (<\$50,000/yr)	43%	29%	27%	69%	15%	16%
2nd quartile (\$50,000-\$80,000)	40%	33%	27%	65%	20%	15%
3rd quartile (\$80,000-\$100,000)	35%	37%	28%	67%	18%	16%
Highest quartile (≥\$100,000/yr)	37%	30%	33%	64%	17%	19%
Community size						
≥250,000 residents	40%	32%	28%	68%	15%	17%
100,000-249,999	40%	29%	31%	66%	16%	18%
10,000-99,999	38%	32%	30%	64%	20%	16%
1,000-9,999	39%	33%	28%	70%	14%	16%
<1,000 residents	38%	31%	31%	60%	21%	19%

- Data not available due to insufficient data in cell.

Bulletin 8: Children's use of places to be active in the community (cont'd)

2010-2011 Physical Activity Monitor



	Child's use of public physical activity facilities			Child's use of private physical activity facilities		
	Not at all or rarely	Sometimes	Often or very often	Not at all or rarely	Sometimes	Often or very often
HOUSEHOLD CHARACTERISTICS						
Region						
Atlantic	39%	30%	31%	63%	18%	19%
Newfoundland and Labrador	32%	33%	35%	61%	17%	22%
Prince Edward Island	34%	35%	30%	55%	28%	17%
Nova Scotia	41%	30%	29%	63%	16%	22%
New Brunswick	43%	28%	29%	67%	19%	14%
Quebec	39%	36%	25%	74%	13%	13%
Ontario	42%	29%	29%	64%	17%	18%
West	36%	32%	32%	63%	19%	18%
Manitoba	38%	34%	28%	66%	17%	17%
Saskatchewan	32%	35%	33%	66%	16%	17%
Alberta	37%	28%	34%	62%	21%	18%
British Columbia	35%	34%	31%	64%	18%	18%
North	24%	32%	44%	47%	23%	30%
Northwest Territories	22%	35%	43%	52%	25%	23%
Yukon	21%	30%	50%	49%	21%	30%
Nunavut	-	-	-	-	-	-

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Bulletin 8: Children's use of places to be active in the community (cont'd)

2010-2011 Physical Activity Monitor



	Child's use of parks and outdoor spaces			Child's use of other places		
	Not at all or rarely	Sometimes	Often or very often	Not at all or rarely	Sometimes	Often or very often
CHILD'S CHARACTERISTICS						
Total, 5 to 17 years						
Boys	28%	33%	39%	46%	28%	26%
Girls	32%	32%	36%	52%	26%	22%
5 to 12	19%	35%	46%	39%	31%	30%
13 to 17	45%	29%	25%	63%	22%	16%
Sport participation						
Yes, participates	26%	33%	40%	46%	28%	26%
No, does not participate	42%	30%	28%	61%	22%	17%
PARENT'S CHARACTERISTICS						
Total, 18+ years						
Fathers/male guardian	31%	34%	35%	50%	27%	22%
Mothers/female guardian	30%	31%	39%	48%	26%	25%
25 to 44	23%	34%	43%	42%	30%	28%
45 to 64	39%	30%	31%	57%	23%	19%
Education level						
Less than secondary	33%	25%	42%	45%	23%	32%
Secondary	31%	34%	35%	46%	28%	27%
College	31%	34%	35%	50%	26%	24%
University	30%	31%	39%	50%	27%	23%
Employment status						
Full-time/self-employed	30%	35%	35%	50%	28%	22%
Part-time	31%	34%	35%	44%	31%	25%
Student	-	-	-	-	-	-
Homemaker	24%	27%	49%	45%	32%	23%
Unemployed for some reason	31%	27%	41%	44%	-	-
Retired	-	-	-	-	-	-
Activity level						
Inactive	40%	32%	28%	54%	26%	20%
Somewhat active	34%	31%	35%	51%	28%	21%
Moderately active	30%	34%	36%	51%	25%	24%
Active	27%	32%	40%	47%	27%	26%
HOUSEHOLD CHARACTERISTICS						
Household income						
Lowest quartile (<\$50,000/yr)	30%	30%	40%	42%	29%	28%
2nd quartile (\$50,000-\$80,000)	26%	35%	39%	45%	31%	24%
3rd quartile (\$80,000-\$100,000)	31%	33%	37%	47%	27%	26%
Highest quartile (≥\$100,000/yr)	32%	32%	35%	55%	24%	21%
Community size						
≥250,000 residents	28%	30%	41%	48%	26%	26%
100,000-249,999	30%	33%	37%	52%	27%	21%
10,000-99,999	30%	34%	36%	47%	28%	25%
1,000-9,999	35%	33%	32%	52%	27%	21%
<1,000 residents	35%	31%	34%	51%	24%	24%

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HOUSEHOLD CHARACTERISTICS						
Region						
Atlantic	36%	33%	31%	52%	26%	22%
Newfoundland and Labrador	32%	35%	33%	53%	28%	20%
Prince Edward Island	39%	33%	28%	47%	33%	20%
Nova Scotia	37%	32%	31%	53%	26%	21%
New Brunswick	37%	33%	30%	51%	25%	24%
Quebec	31%	32%	37%	52%	29%	19%
Ontario	31%	33%	37%	53%	24%	23%
West	28%	32%	40%	43%	29%	28%
Manitoba	32%	37%	31%	44%	29%	26%
Saskatchewan	28%	35%	37%	46%	30%	24%
Alberta	26%	31%	44%	41%	31%	28%
British Columbia	29%	31%	39%	44%	26%	30%
North	26%	34%	41%	33%	34%	32%
Northwest Territories	29%	37%	34%	36%	32%	31%
Yukon	20%	35%	45%	37%	34%	29%
Nunavut	-	-	-	-	-	-

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