

Bulletin 12: Opportunities at school to be active

2010-2011 Physical Activity Monitor



	Child gets enough physical activity through physical education classes	Child does not get enough physical activity through these classes
CHILD'S CHARACTERISTICS		
Total, 5 to 17 years	47%	53%
Boys	48%	52%
Girls	45%	55%
5 to 12	46%	54%
13 to 17	48%	52%
Sport participation		
Yes, participates	47%	53%
No, does not participate	47%	53%
PARENT'S CHARACTERISTICS		
Total, 18+ years		
Fathers/male guardian	47%	53%
Mothers/female guardian	47%	53%
25 to 44	47%	53%
45 to 64	46%	54%
Education level		
Less than secondary	60%	40%
Secondary	58%	42%
College	50%	50%
University	40%	60%
Employment status		
Full-time/self-employed	46%	54%
Part-time	45%	55%
Student	-	-
Homemaker	52%	48%
Unemployed for some reason	54%	46%
Retired	-	-
Activity level		
Inactive	58%	42%
Somewhat active	52%	48%
Moderately active	46%	54%
Active	43%	57%
HOUSEHOLD CHARACTERISTICS		
Household income		
Lowest quartile (<\$50,000/yr)	56%	44%
2nd quartile (\$50,000-\$80,000)	48%	52%
3rd quartile (\$80,000-\$100,000)	48%	52%
Highest quartile (≥\$100,000/yr)	38%	62%
Community size		
≥250,000 residents	44%	56%
100,000-249,999	46%	54%
10,000-99,999	47%	53%
1,000-9,999	49%	51%
<1,000 residents	49%	51%
Region		
Atlantic	43%	57%
Newfoundland and Labrador	44%	56%
Prince Edward Island	45%	55%
Nova Scotia	45%	55%
New Brunswick	41%	59%
Quebec	43%	57%
Ontario	46%	54%
West	51%	49%
Manitoba	49%	51%
Saskatchewan	48%	52%
Alberta	53%	47%
British Columbia	50%	50%
North	54%	46%
Northwest Territories	49%	51%
Yukon	50%	50%
Nunavut	-	-

- Data not available due to insufficient data in cell.

Bulletin 12: Opportunities at school to be active (cont'd)

2010-2011 Physical Activity Monitor



	School offers other physical activity and sport programs	Child participates in these school physical activity and sport programs	The programs meet childrens needs		
			Not at all	Moderately	Quite or very well
CHILD'S CHARACTERISTICS					
Total, 5 to 17 years	77%	53%	19%	38%	43%
Boys	76%	55%	18%	37%	45%
Girls	77%	50%	21%	39%	40%
5 to 12	66%	53%	17%	43%	40%
13 to 17	91%	52%	21%	33%	46%
Sport participation					
Yes, participates	79%	61%	15%	38%	47%
No, does not participate	71%	22%	36%	37%	27%
PARENT'S CHARACTERISTICS					
Total, 18+ years					
Fathers/male guardian	74%	52%	18%	39%	43%
Mothers/female guardian	79%	53%	20%	37%	43%
25 to 44	71%	51%	20%	40%	41%
45 to 64	84%	55%	19%	36%	45%
Education level					
Less than secondary	63%	43%	-	32%	54%
Secondary	73%	50%	18%	38%	43%
College	78%	53%	18%	40%	41%
University	78%	54%	21%	36%	43%
Employment status					
Full-time/self-employed	77%	54%	18%	41%	40%
Part-time	80%	47%	25%	39%	35%
Student	75%	-	-	-	-
Homemaker	74%	52%	20%	38%	42%
Unemployed for some reason	68%	56%	-	-	52%
Retired	72%	-	-	-	-
Activity level					
Inactive	69%	49%	17%	35%	48%
Somewhat active	76%	46%	20%	40%	41%
Moderately active	77%	53%	20%	36%	44%
Active	78%	55%	19%	38%	43%
HOUSEHOLD CHARACTERISTICS					
Household income					
Lowest quartile (<\$50,000/yr)	70%	48%	19%	35%	45%
2nd quartile (\$50,000-\$80,000)	76%	48%	19%	42%	39%
3rd quartile (\$80,000-\$100,000)	75%	57%	19%	35%	46%
Highest quartile (≥\$100,000/yr)	82%	56%	20%	38%	42%
Community size					
≥250,000 residents	77%	52%	19%	39%	42%
100,000-249,999	80%	55%	19%	37%	44%
10,000-99,999	75%	50%	20%	39%	42%
1,000-9,999	76%	55%	19%	36%	45%
<1,000 residents	78%	56%	19%	36%	44%
Region					
Atlantic	82%	55%	17%	42%	41%
Newfoundland and Labrador	76%	57%	20%	46%	35%
Prince Edward Island	85%	49%	19%	43%	38%
Nova Scotia	84%	59%	16%	42%	42%
New Brunswick	81%	49%	18%	38%	44%
Quebec	71%	44%	20%	25%	55%
Ontario	80%	56%	20%	41%	39%
West	77%	54%	19%	41%	40%
Manitoba	76%	59%	15%	44%	41%
Saskatchewan	77%	62%	16%	39%	45%
Alberta	73%	50%	21%	34%	45%
British Columbia	80%	53%	18%	46%	36%
North	82%	65%	13%	42%	45%
Northwest Territories	84%	69%	15%	45%	40%
Yukon	82%	58%	17%	38%	46%
Nunavut	-	-	-	-	-

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