

# Getting Kids Active!

2010-2011 PHYSICAL ACTIVITY MONITOR: FACTS & FIGURES



## School use of community facilities for physical activity and sport

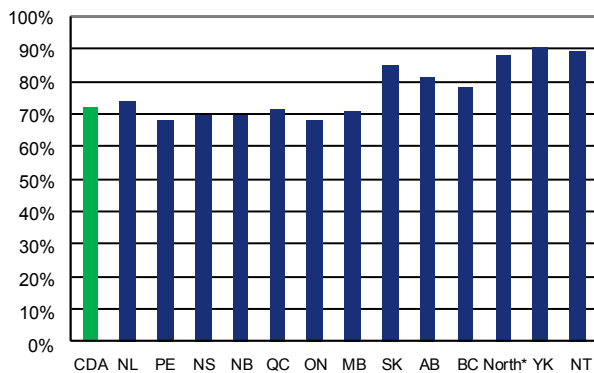
The 2010-2011 Physical Activity Monitor asked parents about the use of community facilities for school physical activity or sport programs by their children's school. The majority (72%) of parents indicate that their children's school makes use of community facilities for this purpose.

### Region

Compared to the national average, a greater proportion of parents living in Saskatchewan, Alberta, British Columbia, the Yukon, the Northwest Territories, and the North report that their children's school make use of the local community facilities for the purpose of school-based physical activity and sport programming, whereas those living in Ontario are less likely to indicate this.

FIGURE 1

School use of community facilities by region



\* The North includes Nunavut, Northwest Territories, and Yukon. Data for Nunavut is suppressed in the chart due to cell size.

Physical Activity Monitor 2010-2011, CFLRI

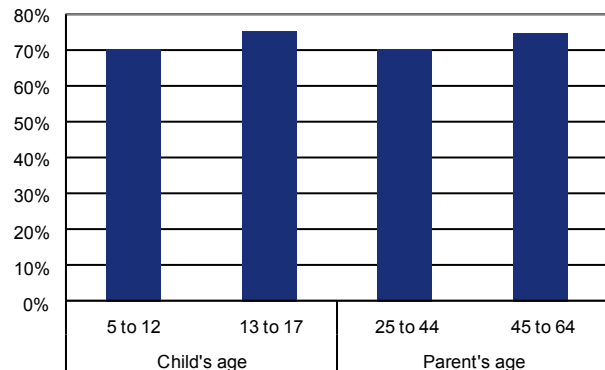
### Age and sex

Older parents (45 to 64 year olds) and parents of older children (13 to 17 year olds) are more likely than younger parents (25 to 44 year olds) or parents of younger children (5 to 12 year olds)

respectively, to indicate that their children's school makes use of community facilities for the purpose of school-based physical activity and sport programs. There are, however, no significant gender-related differences (for either child's or parent's gender).

FIGURE 2

School use of community facilities by parent's and child's age



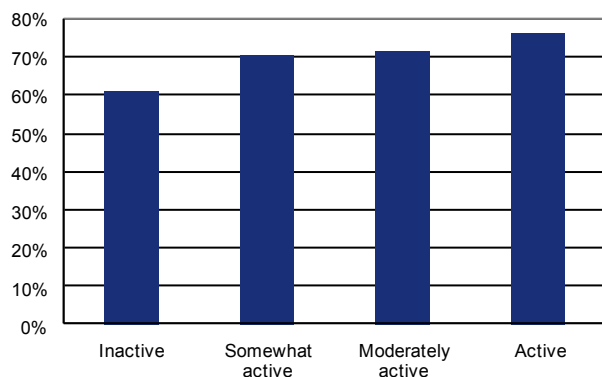
Physical Activity Monitor 2010-2011, CFLRI

### Other child, parental, and household characteristics

Although there are no significant income related differences, a greater proportion of parents with a college education indicate that their children's school uses community facilities for physical activity and sport programs compared to those with a university education. There is an increase in the proportion of parents saying that their children's school uses community facilities for programming with increasing parent activity levels. A greater proportion of parents who report that their children participate in sport also indicate that the school uses community facilities for programming related to physical activity and sport.



**FIGURE 3**  
School use of community facilities by parent's activity level



*Physical Activity Monitor 2010-2011, CFLRI*

**CANADIAN FITNESS & LIFESTYLE RESEARCH INSTITUTE**

201-185 Somerset Street West • Ottawa, ON K2P 0J2 • (613) 233-5528 • info@cflri.ca  
<http://www.cflri.ca/>



Production of this bulletin has been made possible through a financial contribution from the Public Health Agency of Canada, Sport Canada, and the Interprovincial Sport and Recreation Council. The views expressed herein do not necessarily represent the views of these agencies.