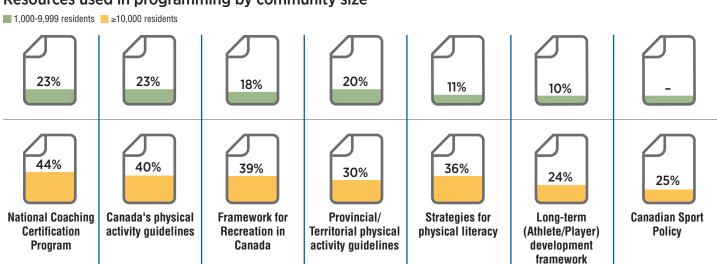
## Physical Activity FILES

This infographic provides data results from the Canadian Fitness and Lifestyle Research Institute's 2020-2021 Survey of Physical Activity Opportunities in Canadian Communities.

## Resources used in programming\*

Framework for Recreation in Canada **National Coaching** Canada's physical activity guidelines **Certification Program 29%** Provincial/Territorial physical Strategies for physical literacy Long-term (Athlete/Player) development framework activity guidelines 14% 19% **Canadian Sport Policy** A Common Vision for increasing Canada's 24-hour physical activity and reducing movement guidelines sedentary living in Canada **12%** 

## Resources used in programming by community size\*



\*Communities with ≥1,000 residents (-) Data suppressed due to cell size

