

Bulletin 1: Sport participation in Canada

2011-2012 Sport Monitor, CFLRI



	Participation in sport in past 12 months	Number of months of participation during the past year		
		<6 months	6 to 11 months	12 months
Total, 15 years and older	34%	22%	30%	48%
Men	45%	19%	31%	50%
Women	24%	25%	29%	46%
Age and sex				
15 to 17 years	70%	-	-	-
Men	-	-	-	-
Women	-	-	-	-
18 to 24 years	50%	-	38%	42%
Men	59%	-	-	-
Women	39%	-	-	-
25 to 44 years	37%	22%	27%	51%
Men	52%	21%	28%	52%
Women	22%	24%	27%	49%
45 to 64 years	27%	24%	26%	51%
Men	34%	18%	27%	55%
Women	21%	32%	24%	43%
65 years or older	20%	-	35%	48%
Men	28%	-	-	48%
Women	14%	-	-	-
Region				
Atlantic	23%	29%	34%	37%
Newfoundland and Labrador	21%	-	-	-
Prince Edward Island	22%	-	-	-
Nova Scotia	22%	-	-	-
New Brunswick	25%	-	-	-
Quebec	40%	-	31%	54%
Ontario	32%	25%	30%	45%
West	36%	22%	28%	50%
Manitoba	40%	-	-	44%
Saskatchewan	32%	-	-	-
Alberta	35%	-	-	54%
British Columbia	37%	-	-	50%
North	36%	31%	-	41%
Yukon	36%	-	-	60%
Northwest Territories	38%	-	-	-
Nunavut	-	-	-	-
Education				
Less than secondary	29%	-	-	48%
Secondary	30%	24%	37%	39%
College	34%	26%	30%	44%
University	39%	18%	27%	56%
Household income				
< \$20,000	16%	-	-	-
\$20,000 - \$29,999	24%	-	-	-
\$30,000 - \$39,999	26%	-	-	-
\$40,000 - \$59,999	30%	19%	33%	48%
\$60,000 - \$79,999	36%	24%	28%	48%
\$80,000 - \$99,999	33%	-	31%	48%
≥ \$100,000	47%	19%	23%	58%
Community size				
< 30,000 residents	29%	24%	29%	47%
30,000 to 499,999	33%	24%	28%	49%
500,000 to 999,999	37%	-	-	-
≥1 million residents	40%	17%	30%	53%

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	Participation in sport in past 12 months	Number of months of participation during the past year		
		<6 months	6 to 11 months	12 months
Type of neighbourhood				
Rural	34%	24%	27%	48%
Suburban	36%	22%	32%	46%
Urban	37%	20%	30%	50%
Downtown	28%	-	-	57%
Marital status				
Married or living with a partner	32%	20%	28%	52%
Widowed, divorced, separated	22%	17%	41%	42%
Single, never married	46%	25%	30%	45%
Employment status				
Full-time	43%	21%	29%	50%
Part-time	31%	25%	31%	45%
Student	-	-	-	-
Home-maker	-	-	-	-
Unemployed (for any reason)	23%	-	-	44%
Retired	22%	18%	32%	49%
Activity level				
Inactive	28%	20%	33%	47%
Somewhat active	26%	25%	34%	41%
Moderately active	33%	29%	24%	47%
Active	45%	18%	30%	52%

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Bulletin 1: Sport participation in Canada (cont'd)


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	Frequency of participation during these months				
	Every day	4 to 6 times/week	2 to 3 times/week	Once/week	Less often/several times per month
Total, 15 years and older	4%	26%	44%	20%	6%
Men	-	26%	41%	23%	7%
Women	-	27%	48%	16%	4%
Age and sex					
15 to 17 years	-	-	-	-	-
Men	-	-	-	-	-
Women	-	-	-	-	-
18 to 24 years	-	38%	39%	-	-
Men	-	-	-	-	-
Women	-	-	-	-	-
25 to 44 years	-	20%	46%	25%	-
Men	-	19%	43%	29%	-
Women	-	23%	54%	-	-
45 to 64 years	-	26%	40%	21%	8%
Men	-	26%	40%	21%	-
Women	-	26%	41%	-	-
65 years or older	-	24%	55%	-	-
Men	-	-	63%	-	-
Women	-	-	-	-	-
Region					
Atlantic	-	31%	45%	16%	-
Newfoundland and Labrador	-	-	-	-	-
Prince Edward Island	-	-	-	-	-
Nova Scotia	-	-	-	-	-
New Brunswick	-	-	-	-	-
Quebec	-	30%	44%	20%	-
Ontario	-	22%	45%	22%	-
West	-	27%	42%	19%	-
Manitoba	-	-	-	-	-
Saskatchewan	-	-	48%	-	-
Alberta	-	-	40%	-	-
British Columbia	-	-	44%	-	-
North	-	22%	57%	-	-
Yukon	-	-	-	-	-
Northwest Territories	-	-	53%	-	-
Nunavut	-	-	-	-	-
Education					
Less than secondary	-	-	29%	-	-
Secondary	-	26%	41%	20%	-
College	-	27%	42%	22%	-
University	-	23%	49%	20%	7%
Household income					
< \$20,000	-	-	-	-	-
\$20,000 - \$29,999	-	-	-	-	-
\$30,000 - \$39,999	-	-	-	-	-
\$40,000 - \$59,999	-	25%	44%	-	-
\$60,000 - \$79,999	-	26%	39%	27%	-
\$80,000 - \$99,999	-	-	50%	-	-
≥ \$100,000	-	24%	50%	18%	-
Community size					
< 30,000 residents	-	23%	42%	22%	-
30,000 to 499,999	-	26%	44%	21%	-
500,000 to 999,999	-	-	-	-	-
≥ 1 million residents	-	29%	41%	20%	-

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	Frequency of participation during these months				
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Type of neighbourhood					
Rural	-	31%	40%	20%	-
Suburban	-	26%	44%	22%	-
Urban	-	21%	48%	18%	-
Downtown	-	-	43%	-	-
Marital status					
Married or living with a partner	3%	22%	46%	23%	6%
Widowed, divorced, separated	-	28%	45%	-	-
Single, never married	-	34%	40%	15%	-
Employment status					
Full-time	4%	25%	43%	21%	7%
Part-time	-	-	43%	-	-
Student	-	-	-	-	-
Home-maker	-	-	-	-	-
Unemployed (for any reason)	-	-	48%	-	-
Retired	-	28%	48%	16%	-
Activity level					
Inactive	-	20%	42%	27%	-
Somewhat active	-	18%	52%	26%	-
Moderately active	-	19%	48%	24%	-
Active	7%	36%	40%	13%	-

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