

**Bulletin 2: Nature of sport participation**



2011-2012 Sport Monitor, CFLRI

	Use of a coach	Trains for sport	Compete in sport	Level of competition		
				Local	Provincial	National
<b>Total, 15 years and older</b>	37%	53%	58%	72%	20%	9%
Men	31%	51%	57%	74%	20%	-
Women	50%	59%	60%	66%	19%	-
<b>Age and sex</b>						
15 to 17 years	70%	73%	88%	-	-	-
Men	-	-	-	-	-	-
Women	-	-	-	-	-	-
18 to 24 years	60%	74%	69%	50%	-	-
Men	59%	69%	69%	-	-	-
Women	-	-	-	-	-	-
25 to 44 years	28%	46%	52%	81%	12%	-
Men	21%	45%	52%	81%	-	-
Women	47%	49%	54%	81%	-	-
45 to 64 years	31%	50%	52%	80%	-	-
Men	23%	47%	51%	83%	-	-
Women	44%	55%	53%	74%	-	-
65 years or older	-	32%	53%	85%	-	-
Men	-	-	55%	79%	-	-
Women	-	-	-	-	-	-
<b>Region</b>						
Atlantic	35%	47%	68%	69%	21%	-
Newfoundland and Labrador	-	-	-	-	-	-
Prince Edward Island	-	-	68%	-	-	-
Nova Scotia	-	-	81%	-	-	-
New Brunswick	-	-	-	-	-	-
Quebec	30%	57%	38%	68%	-	-
Ontario	41%	53%	67%	77%	-	-
West	40%	52%	63%	67%	26%	-
Manitoba	-	48%	80%	69%	-	-
Saskatchewan	-	61%	80%	58%	-	-
Alberta	-	-	55%	71%	-	-
British Columbia	-	55%	61%	-	-	-
North	38%	56%	72%	77%	-	-
Yukon	-	71%	-	-	-	-
Northwest Territories	-	69%	76%	72%	-	-
Nunavut	-	-	-	-	-	-
<b>Education</b>						
Less than secondary	56%	63%	68%	66%	-	-
Secondary	37%	50%	67%	65%	30%	-
College	40%	50%	57%	73%	-	-
University	32%	55%	53%	77%	-	-
<b>Household income</b>						
< \$20,000	-	-	-	-	-	-
\$20,000 - \$29,999	-	-	75%	-	-	-
\$30,000 - \$39,999	-	-	58%	-	-	-
\$40,000 - \$59,999	35%	56%	62%	67%	-	-
\$60,000 - \$79,999	35%	45%	49%	76%	-	-
\$80,000 - \$99,999	30%	51%	44%	77%	-	-
≥ \$100,000	36%	56%	61%	79%	12%	-
<b>Community size</b>						
< 30,000 residents	23%	47%	59%	78%	18%	-
30,000 to 499,999	46%	54%	67%	63%	27%	-
500,000 to 999,999	-	62%	53%	-	-	-
≥ 1 million residents	37%	54%	55%	72%	-	-

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## Bulletin 2: Nature of sport participation (cont'd)

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	Use of a coach	Trains for sport	Compete in sport	Level of competition		
				Local	Provincial	National
<b>Type of neighbourhood</b>						
Rural	39%	55%	61%	68%	26%	-
Suburban	30%	51%	58%	77%	-	-
Urban	39%	50%	54%	67%	-	-
Downtown	-	66%	57%	83%	-	-
<b>Marital status</b>						
Married or living with a partner	27%	46%	52%	82%	8%	-
Widowed, divorced, separated	28%	54%	54%	82%	-	-
Single, never married	56%	65%	70%	57%	34%	-
<b>Employment status</b>						
Full-time	39%	57%	60%	73%	19%	9%
Part-time	52%	60%	73%	52%	-	-
Student	-	-	-	-	-	-
Home-maker	-	-	-	-	-	-
Unemployed (for any reason)	-	43%	46%	86%	-	-
Retired	19%	37%	52%	81%	-	-
<b>Activity level</b>						
Inactive	35%	45%	51%	78%	-	-
Somewhat active	29%	38%	50%	78%	-	-
Moderately active	39%	55%	59%	79%	-	-
Active	40%	62%	64%	65%	25%	10%

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**Bulletin 2: Nature of sport participation (cont'd)**

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	Degree of structure of environment			Key location of sport			
	Structured	Unstructured	Both	In community	At home	At school	At work
<b>Total, 15 years and older</b>	48%	20%	32%	82%	43%	21%	17%
Men	45%	21%	33%	81%	42%	19%	19%
Women	52%	17%	31%	85%	45%	24%	14%
<b>Age and sex</b>							
15 to 17 years	-	-	-	74%	-	69%	-
Men	-	-	-	-	-	-	-
Women	-	-	-	-	-	-	-
18 to 24 years	43%	-	49%	73%	67%	49%	-
Men	-	-	-	75%	67%	-	-
Women	-	-	-	-	-	-	-
25 to 44 years	48%	23%	30%	85%	38%	11%	24%
Men	46%	22%	33%	83%	37%	-	25%
Women	52%	25%	23%	90%	41%	-	20%
45 to 64 years	43%	29%	28%	86%	34%	-	14%
Men	38%	34%	29%	80%	33%	-	-
Women	51%	-	27%	95%	35%	-	-
65 years or older	54%	-	-	90%	-	-	-
Men	54%	-	-	86%	-	-	-
Women	53%	-	-	98%	-	-	-
<b>Region</b>							
Atlantic	56%	-	31%	87%	41%	19%	18%
Newfoundland and Labrador	-	-	-	90%	-	-	-
Prince Edward Island	-	-	-	95%	-	-	-
Nova Scotia	-	-	-	91%	-	-	-
New Brunswick	60%	-	-	81%	-	-	-
Quebec	55%	23%	-	67%	38%	-	-
Ontario	42%	18%	40%	85%	47%	25%	16%
West	47%	21%	32%	91%	42%	20%	21%
Manitoba	59%	-	-	90%	46%	-	-
Saskatchewan	56%	-	-	98%	-	-	-
Alberta	50%	-	-	87%	-	-	-
British Columbia	-	-	-	93%	-	-	-
North	50%	-	36%	99%	45%	-	-
Yukon	-	-	-	99%	-	-	-
Northwest Territories	-	-	-	99%	-	-	-
Nunavut	-	-	-	-	-	-	-
<b>Education</b>							
Less than secondary	68%	-	-	69%	52%	51%	-
Secondary	42%	-	42%	91%	51%	-	17%
College	55%	20%	25%	82%	39%	20%	14%
University	42%	23%	35%	81%	39%	18%	20%
<b>Household income</b>							
< \$20,000	-	-	-	-	-	-	-
\$20,000 - \$29,999	-	-	-	73%	-	-	-
\$30,000 - \$39,999	-	-	-	89%	-	-	-
\$40,000 - \$59,999	41%	-	37%	91%	49%	-	-
\$60,000 - \$79,999	45%	-	26%	83%	36%	-	-
\$80,000 - \$99,999	60%	-	-	85%	26%	-	-
≥ \$100,000	42%	20%	38%	86%	47%	16%	22%
<b>Community size</b>							
< 30,000 residents	46%	25%	29%	89%	43%	20%	15%
30,000 to 499,999	48%	13%	39%	91%	49%	23%	17%
500,000 to 999,999	60%	-	-	84%	-	-	-
≥1 million residents	42%	25%	33%	72%	38%	21%	16%

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	Degree of structure of environment			Key location of sport			
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<b>Type of neighbourhood</b>							
Rural	51%	16%	33%	86%	44%	21%	17%
Suburban	44%	22%	34%	81%	43%	22%	20%
Urban	46%	22%	32%	82%	35%	-	14%
Downtown	41%	-	-	73%	-	-	-
<b>Marital status</b>							
Married or living with a partner	47%	23%	29%	85%	36%	8%	18%
Widowed, divorced, separated	44%	-	39%	79%	39%	-	-
Single, never married	49%	14%	37%	78%	56%	44%	17%
<b>Employment status</b>							
Full-time	44%	20%	36%	80%	47%	24%	21%
Part-time	63%	-	24%	87%	51%	-	-
Student	-	-	-	-	-	-	-
Home-maker	-	-	-	-	-	-	-
Unemployed (for any reason)	50%	-	-	79%	-	-	-
Retired	55%	23%	23%	89%	20%	-	-
<b>Activity level</b>							
Inactive	54%	-	26%	79%	41%	-	-
Somewhat active	45%	29%	26%	78%	29%	-	-
Moderately active	50%	18%	32%	81%	36%	-	-
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