

Participation in sport among children and youth (Bulletin no 1)

2010-2011 Physical Activity Monitor, CFLRI



	Child participates in sport	Number of months child participates in sport			Frequency of participation during these months			
		1 to 7 months	8 to 11 months	12 months	4 or more times/week	2 or 3 times/week	1 or 2 times/week	Less often or variable
<b>CHILD CHARACTERISTICS</b>								
<b>Total, 5 to 17 year olds</b>	74%	27%	26%	46%	34%	50%	14%	3%
Boys	79%	28%	24%	49%	37%	49%	11%	3%
Girls	70%	27%	30%	43%	29%	51%	16%	3%
5 to 12	77%	29%	26%	45%	26%	54%	18%	2%
13 to 17	71%	25%	27%	47%	45%	43%	8%	4%
<b>PARENTAL CHARACTERISTICS</b>								
<b>Total, 18+ years old</b>	74%	27%	26%	46%	34%	50%	14%	3%
Fathers/male guardian	73%	27%	26%	47%	30%	53%	14%	3%
Mothers/female guardian	75%	28%	27%	46%	37%	47%	13%	3%
25 to 44 years	75%	29%	26%	45%	28%	53%	17%	3%
45 to 64 years	75%	25%	27%	48%	40%	46%	10%	3%
<b>Parents' education level</b>								
Less than secondary	60%	41%	28%	31%	29%	54%	-	-
Secondary	68%	34%	26%	40%	31%	53%	14%	3%
College	75%	30%	26%	44%	33%	51%	14%	2%
University	77%	23%	27%	50%	35%	48%	14%	3%
<b>Parents' employment status</b>								
Full-time/self-employed	75%	28%	26%	47%	34%	49%	13%	3%
Part-time	71%	28%	27%	45%	44%	45%	-	-
Student	39%	-	-	-	-	-	-	-
Homemaker	70%	38%	25%	37%	44%	40%	-	-
Unemployed for some reason	64%	-	-	37%	33%	49%	-	-
Retired	55%	-	-	-	-	-	-	-
<b>HOUSEHOLD CHARACTERISTICS</b>								
<b>Household income</b>								
Lowest quartile (<\$50,000/yr)	65%	34%	25%	41%	30%	49%	17%	4%
2nd quartile (\$50,000-\$80,000)	72%	33%	26%	41%	25%	56%	17%	3%
3rd quartile (\$80,000-\$100,000)	78%	27%	27%	45%	33%	53%	12%	2%
Highest quartile (≥\$100,000/yr)	81%	21%	27%	52%	40%	47%	10%	3%
<b>Region</b>								
Atlantic	75%	30%	21%	48%	41%	45%	12%	2%
Newfoundland and Labrador	76%	23%	24%	53%	44%	43%	10%	-
Prince Edward Island	75%	29%	27%	44%	36%	53%	-	-
Nova Scotia	76%	33%	20%	48%	42%	43%	13%	-
New Brunswick	72%	32%	21%	46%	37%	48%	13%	-
Quebec	71%	23%	34%	43%	23%	55%	20%	-
Ontario	75%	29%	20%	51%	34%	49%	14%	3%
West	76%	28%	30%	42%	41%	47%	9%	3%
Manitoba	77%	28%	33%	38%	40%	48%	10%	-
Saskatchewan	80%	24%	35%	41%	46%	45%	-	-
Alberta	78%	34%	26%	40%	40%	48%	-	-
British Columbia	73%	25%	30%	45%	40%	47%	10%	-
North	79%	27%	28%	45%	46%	42%	8%	-
Yukon	81%	27%	29%	44%	40%	47%	10%	-
Northwest Territories	77%	31%	27%	41%	46%	45%	-	-
Nunavut	-	16%	-	-	-	-	-	-
<b>Community size</b>								
≥250,000 residents	75%	26%	25%	49%	34%	47%	15%	4%
100,000-249,999	73%	24%	25%	51%	41%	43%	14%	2%
10,000-99,999	75%	28%	26%	46%	31%	52%	14%	3%
1,000-9,999	73%	28%	31%	41%	33%	53%	12%	2%
<1,000	75%	34%	24%	43%	33%	53%	12%	-

- Data not available due to insufficient sample in cell.