

**Bulletin 4: Access to after school programs**

2010-2011 Physical Activity Monitor



	Access to a supervised program after school	Number of days spent attending after school program(s)			
		None	1 or 2	3 or 4	Daily
<b>CHILD'S CHARACTERISTICS</b>					
<b>Total, 5 to 17 years</b>					
Boys	30%	20%	36%	17%	26%
Girls	30%	23%	30%	18%	29%
5 to 12	34%	18%	32%	16%	34%
13 to 17	24%	28%	36%	21%	15%
<b>Sport participation</b>					
Yes, participates	31%	19%	33%	19%	28%
No, does not participate	25%	30%	32%	12%	26%
<b>PARENT'S CHARACTERISTICS</b>					
<b>Total, 18+ years</b>					
Fathers/male guardian	34%	21%	37%	16%	26%
Mothers/female guardian	27%	22%	30%	19%	29%
25 to 44	31%	19%	34%	15%	32%
45 to 64	28%	25%	31%	20%	23%
<b>Education level</b>					
Less than secondary	28%	-	-	-	-
Secondary	31%	17%	40%	21%	22%
College	29%	23%	34%	17%	27%
University	31%	21%	31%	17%	30%
<b>Employment status</b>					
Full-time/self-employed	32%	23%	30%	19%	28%
Part-time	31%	-	38%	-	-
Student	-	-	-	-	-
Homemaker	26%	-	-	-	-
Unemployed for some reason	32%	-	-	-	-
Retired	-	-	-	-	-
<b>Activity level</b>					
Inactive	30%	-	45%	-	27%
Somewhat active	28%	20%	39%	14%	27%
Moderately active	31%	22%	32%	18%	27%
Active	30%	22%	30%	19%	28%
<b>HOUSEHOLD CHARACTERISTICS</b>					
<b>Household income</b>					
Lowest quartile (<\$50,000/yr)	30%	12%	44%	21%	22%
2nd quartile (\$50,000-\$80,000)	28%	20%	37%	14%	28%
3rd quartile (\$80,000-\$100,000)	32%	19%	34%	17%	30%
Highest quartile (≥\$100,000/yr)	30%	25%	26%	18%	31%
<b>Community size</b>					
≥250,000 residents	34%	18%	31%	18%	33%
100,000-249,999	30%	22%	34%	17%	27%
10,000-99,999	27%	24%	34%	16%	26%
1,000-9,999	29%	22%	37%	17%	24%
<1,000 residents	25%	22%	35%	27%	-

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**Bulletin 4: Access to after school programs (cont'd)**

2010-2011 Physical Activity Monitor



	Access to a supervised program after school	Number of days spent attending after school program(s)			
		None	1 or 2	3 or 4	Daily
<b>HOUSEHOLD CHARACTERISTICS</b>					
<b>Region</b>					
<b>Atlantic</b>	36%	22%	33%	21%	24%
Newfoundland and Labrador	38%	-	38%	26%	-
Prince Edward Island	34%	29%	27%	-	27%
Nova Scotia	37%	-	34%	-	-
New Brunswick	33%	-	27%	-	35%
<b>Quebec</b>	23%	-	32%	-	49%
<b>Ontario</b>	31%	27%	32%	16%	25%
<b>West</b>	32%	24%	35%	21%	20%
Manitoba	34%	-	36%	-	24%
Saskatchewan	34%	27%	39%	-	-
Alberta	29%	-	32%	-	24%
British Columbia	33%	24%	36%	-	-
<b>North</b>	40%	15%	30%	30%	25%
Northwest Territories	43%	-	23%	29%	31%
Yukon	37%	21%	30%	25%	24%
Nunavut	-	-	-	-	-

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**Bulletin 4: Access to after school programs (cont'd)**

2010-2011 Physical Activity Monitor



	Location of after school program			
	School	YMCA/YWCA/ Boys and Girls Club/ Recreation Centre	Someones home/ daycare	Elsewhere
<b>CHILD'S CHARACTERISTICS</b>				
<b>Total, 5 to 17 years</b>				
Boys	62%	17%	9%	12%
Girls	61%	16%	9%	13%
5 to 12	58%	16%	13%	13%
13 to 17	69%	17%	-	12%
<b>Sport participation</b>				
Yes, participates	61%	17%	9%	13%
No, does not participate	65%	15%	8%	11%
<b>PARENT'S CHARACTERISTICS</b>				
<b>Total, 18+ years</b>				
Fathers/male guardian	63%	17%	8%	12%
Mothers/female guardian	60%	17%	11%	13%
25 to 44	60%	18%	10%	12%
45 to 64	64%	15%	8%	14%
<b>Education level</b>				
Less than secondary	-	-	-	-
Secondary	60%	18%	-	-
College	60%	19%	9%	11%
University	62%	14%	10%	13%
<b>Employment status</b>				
Full-time/self-employed	64%	16%	9%	10%
Part-time	53%	-	-	-
Student	-	-	-	-
Homemaker	70%	-	-	-
Unemployed for some reason	-	-	-	-
Retired	-	-	-	-
<b>Activity level</b>				
Inactive	60%	-	-	-
Somewhat active	60%	20%	9%	11%
Moderately active	65%	15%	7%	13%
Active	61%	17%	10%	12%
<b>HOUSEHOLD CHARACTERISTICS</b>				
<b>Household income</b>				
Lowest quartile (<\$50,000/yr)	58%	22%	7%	13%
2nd quartile (\$50,000-\$80,000)	56%	19%	10%	15%
3rd quartile (\$80,000-\$100,000)	66%	12%	10%	13%
Highest quartile (≥\$100,000/yr)	62%	16%	11%	11%
<b>Community size</b>				
≥250,000 residents	60%	17%	10%	13%
100,000-249,999	58%	18%	-	-
10,000-99,999	63%	17%	8%	12%
1,000-9,999	65%	16%	9%	10%
<1,000 residents	60%	17%	-	-

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	Location of after school program			
	School	YMCA/YWCA/ Boys and Girls Club/ Recreation Centre	Someones home/ daycare	Elsewhere
<b>HOUSEHOLD CHARACTERISTICS</b>				
<b>Region</b>				
<b>Atlantic</b>	56%	18%	12%	13%
Newfoundland and Labrador	56%	26%	-	-
Prince Edward Island	52%	-	-	-
Nova Scotia	63%	-	-	-
New Brunswick	48%	-	-	-
<b>Quebec</b>	82%	-	-	-
<b>Ontario</b>	57%	20%	11%	13%
<b>West</b>	56%	19%	10%	15%
Manitoba	65%	-	-	-
Saskatchewan	60%	-	-	-
Alberta	60%	-	-	-
British Columbia	50%	-	-	-
<b>North</b>	63%	22%	7%	-
Northwest Territories	62%	24%	-	-
Yukon	51%	25%	-	-
Nunavut	-	-	-	-

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**Bulletin 4: Access to after school programs (cont'd)**

2010-2011 Physical Activity Monitor



	Primary purpose of after school program				Program has a physical activity component	Program charges a fee
	Daycare	Arts/Crafts/ Homework/ Tutor	Physical activity	Something else		
<b>CHILD'S CHARACTERISTICS</b>						
<b>Total, 5 to 17 years</b>						
Boys	25%	18%	46%	11%	73%	65%
Girls	34%	15%	35%	16%	77%	68%
5 to 12	41%	17%	31%	12%	77%	73%
13 to 17	-	17%	64%	17%	69%	48%
<b>Sport participation</b>						
Yes, participates	28%	17%	43%	12%	73%	69%
No, does not participate	37%	16%	30%	-	80%	57%
<b>PARENT'S CHARACTERISTICS</b>						
<b>Total, 18+ years</b>						
Fathers/male guardian	27%	17%	41%	15%	76%	65%
Mothers/female guardian	32%	16%	41%	11%	74%	69%
25 to 44	37%	15%	37%	11%	78%	68%
45 to 64	20%	18%	45%	16%	71%	64%
<b>Education level</b>						
Less than secondary	-	-	-	-	-	-
Secondary	-	19%	41%	-	61%	48%
College	24%	18%	43%	16%	77%	66%
University	36%	15%	38%	10%	75%	71%
<b>Employment status</b>						
Full-time/self-employed	35%	16%	39%	10%	79%	67%
Part-time	-	-	-	-	77%	66%
Student	-	-	-	-	-	-
Homemaker	-	-	-	-	-	-
Unemployed for some reason	-	-	-	-	-	-
Retired	-	-	-	-	-	-
<b>Activity level</b>						
Inactive	-	-	34%	-	58%	56%
Somewhat active	34%	15%	37%	-	76%	76%
Moderately active	30%	14%	44%	12%	76%	67%
Active	28%	16%	42%	14%	77%	65%
<b>HOUSEHOLD CHARACTERISTICS</b>						
<b>Household income</b>						
Lowest quartile (<\$50,000/yr)	25%	22%	42%	10%	67%	57%
2nd quartile (\$50,000-\$80,000)	31%	16%	38%	15%	76%	59%
3rd quartile (\$80,000-\$100,000)	38%	-	39%	-	80%	70%
Highest quartile (≥\$100,000/yr)	34%	13%	40%	13%	78%	74%
<b>Community size</b>						
≥250,000 residents	33%	13%	36%	17%	77%	75%
100,000-249,999	23%	-	51%	-	74%	59%
10,000-99,999	29%	21%	40%	11%	74%	66%
1,000-9,999	30%	18%	43%	9%	75%	57%
<1,000 residents	-	-	49%	-	67%	60%

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	Primary purpose of after school program				Program has a physical activity component	Program charges a fee
	Daycare	Arts/Crafts/ Homework/ Tutor	Physical activity	Something else		
<b>HOUSEHOLD CHARACTERISTICS</b>						
<b>Region</b>						
<b>Atlantic</b>	23%	15%	46%	16%	75%	63%
Newfoundland and Labrador	-	-	59%	-	79%	55%
Prince Edward Island	-	-	46%	-	74%	65%
Nova Scotia	-	-	41%	-	69%	60%
New Brunswick	-	-	41%	-	81%	71%
<b>Quebec</b>	46%	-	26%	-	77%	60%
<b>Ontario</b>	27%	14%	44%	15%	77%	71%
<b>West</b>	20%	19%	47%	14%	71%	67%
Manitoba	-	-	44%	-	70%	68%
Saskatchewan	-	-	58%	-	67%	58%
Alberta	-	-	47%	-	66%	66%
British Columbia	-	-	45%	-	75%	69%
<b>North</b>	14%	20%	49%	16%	82%	56%
Northwest Territories	-	-	47%	-	78%	62%
Yukon	-	-	55%	-	75%	54%
Nunavut	-	-	-	-	-	-

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