

Bulletin 5: Parental involvement in child's physical activity and sport

2010-2011 Physical Activity Monitor



	Plays active games with child			Transports child to sites for physical activity		
	Not at all or rarely	Sometimes	Often or very often	Not at all or rarely	Sometimes	Often or very often
CHILD'S CHARACTERISTICS						
Total, 5 to 17 years						
Boys	26%	35%	39%	14%	20%	65%
Girls	30%	36%	34%	16%	21%	62%
5 to 12	15%	36%	50%	8%	21%	71%
13 to 17	46%	34%	19%	26%	20%	54%
Sport participation						
Yes, participates	25%	35%	40%	9%	17%	74%
No, does not participate	38%	36%	26%	35%	31%	34%
PARENT'S CHARACTERISTICS						
Total, 18+ years						
Fathers/male guardian	23%	34%	42%	15%	23%	61%
Mothers/female guardian	33%	35%	32%	16%	19%	65%
25 to 44	18%	36%	46%	11%	22%	67%
45 to 64	39%	34%	27%	19%	20%	61%
Education level						
Less than secondary	32%	32%	36%	23%	26%	50%
Secondary	29%	31%	40%	21%	23%	56%
College	28%	36%	35%	16%	23%	62%
University	28%	35%	36%	14%	18%	68%
Employment status						
Full-time/self-employed	28%	34%	38%	14%	21%	65%
Part-time	35%	38%	27%	23%	15%	62%
Student	-	-	-	-	-	40%
Homemaker	32%	35%	33%	20%	20%	60%
Unemployed for some reason	39%	35%	26%	29%	17%	54%
Retired	-	-	-	-	-	-
Activity level						
Inactive	45%	38%	17%	28%	29%	43%
Somewhat active	35%	38%	27%	16%	24%	60%
Moderately active	30%	35%	35%	15%	22%	64%
Active	22%	33%	46%	13%	17%	69%
HOUSEHOLD CHARACTERISTICS						
Household income						
Lowest quartile (<\$50,000/yr)	30%	39%	31%	22%	27%	52%
2nd quartile (\$50,000-\$80,000)	26%	35%	39%	14%	23%	63%
3rd quartile (\$80,000-\$100,000)	26%	37%	37%	14%	21%	65%
Highest quartile (≥\$100,000/yr)	29%	33%	38%	11%	17%	71%
Community size						
≥250,000 residents	31%	34%	35%	16%	21%	63%
100,000-249,999	32%	31%	38%	15%	20%	66%
10,000-99,999	26%	36%	38%	15%	20%	65%
1,000-9,999	27%	36%	37%	17%	21%	62%
<1,000 residents	29%	36%	36%	16%	26%	58%

- Data not available due to insufficient data in cell.

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	Plays active games with child			Transports child to sites for physical activity		
	Not at all or rarely	Sometimes	Often or very often	Not at all or rarely	Sometimes	Often or very often
HOUSEHOLD CHARACTERISTICS						
Region						
Atlantic	27%	36%	37%	13%	22%	65%
Newfoundland and Labrador	29%	35%	36%	13%	25%	62%
Prince Edward Island	29%	32%	39%	13%	21%	66%
Nova Scotia	27%	37%	36%	13%	23%	65%
New Brunswick	25%	37%	38%	13%	20%	67%
Quebec	27%	32%	40%	18%	17%	65%
Ontario	29%	36%	35%	16%	22%	62%
West	28%	35%	36%	14%	22%	64%
Manitoba	23%	40%	36%	14%	24%	62%
Saskatchewan	27%	37%	37%	16%	25%	59%
Alberta	28%	36%	36%	15%	20%	65%
British Columbia	30%	34%	36%	13%	23%	64%
North	33%	33%	35%	19%	23%	58%
Northwest Territories	32%	36%	32%	16%	22%	62%
Yukon	25%	31%	44%	11%	21%	68%
Nunavut	-	-	-	-	-	-

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Bulletin 5: Parental involvement in child's physical activity and sport (cont'd)

2010-2011 Physical Activity Monitor



	In the past 12 months, parent has...		
	Supervised recess or helped at an event at child's school	Volunteered to help, like at a special event, or serving on a sport committee	Bought equipment, paid a membership or fee, or paid for coaching or instruction
CHILD'S CHARACTERISTICS			
Total, 5 to 17 years			
Boys	21%	41%	81%
Girls	22%	34%	77%
5 to 12	26%	40%	82%
13 to 17	15%	34%	75%
Sport participation			
Yes, participates	24%	45%	89%
No, does not participate	12%	15%	52%
PARENT'S CHARACTERISTICS			
Total, 18+ years			
Fathers/male guardian	18%	39%	79%
Mothers/female guardian	24%	36%	80%
25 to 44	23%	38%	81%
45 to 64	20%	37%	79%
Education level			
Less than secondary	18%	28%	57%
Secondary	19%	30%	69%
College	21%	38%	80%
University	23%	40%	84%
Employment status			
Full-time/self-employed	19%	39%	82%
Part-time	28%	39%	74%
Student	-	-	65%
Homemaker	34%	39%	68%
Unemployed for some reason	-	22%	61%
Retired	-	-	-
Activity level			
Inactive	14%	19%	64%
Somewhat active	19%	33%	75%
Moderately active	20%	37%	82%
Active	25%	43%	83%
HOUSEHOLD CHARACTERISTICS			
Household income			
Lowest quartile (<\$50,000/yr)	19%	29%	66%
2nd quartile (\$50,000-\$80,000)	23%	34%	77%
3rd quartile (\$80,000-\$100,000)	22%	39%	85%
Highest quartile (≥\$100,000/yr)	23%	46%	89%
Community size			
≥250,000 residents	20%	35%	79%
100,000-249,999	20%	34%	81%
10,000-99,999	21%	37%	81%
1,000-9,999	24%	41%	77%
<1,000 residents	25%	43%	79%

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HOUSEHOLD CHARACTERISTICS			
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Atlantic	24%	43%	77%
Newfoundland and Labrador	25%	42%	76%
Prince Edward Island	17%	39%	82%
Nova Scotia	23%	46%	77%
New Brunswick	26%	39%	77%
Quebec	18%	31%	75%
Ontario	19%	33%	81%
West	27%	47%	82%
Manitoba	22%	47%	79%
Saskatchewan	32%	53%	83%
Alberta	25%	48%	82%
British Columbia	28%	45%	83%
North	32%	46%	77%
Northwest Territories	33%	49%	76%
Yukon	31%	51%	85%
Nunavut	-	-	-

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