

## Bulletin 7: Availability of programs and places to be active in the community



2010-2011 Physical Activity Monitor

	% of parents indicating available places for physical activity and sports			
	Public facilities and programs	Commercial facilities and programs	Local parks and outdoor spaces	Other local places available after hours (e.g., schoolyards)
<b>CHILD'S CHARACTERISTICS</b>				
<b>Total, 5 to 17 years</b>				
Boys	94%	62%	94%	79%
Girls	94%	64%	95%	78%
5 to 12	95%	62%	95%	78%
13 to 17	94%	64%	94%	79%
<b>Sport participation</b>				
Yes, participates	95%	64%	95%	80%
No, does not participate	91%	60%	94%	73%
<b>PARENT'S CHARACTERISTICS</b>				
<b>Total, 18+ years</b>				
Fathers/male guardian	95%	64%	95%	79%
Mothers/female guardian	94%	62%	95%	78%
25 to 44	94%	61%	95%	79%
45 to 64	94%	64%	94%	79%
<b>Education level</b>				
Less than secondary	90%	51%	89%	74%
Secondary	91%	56%	91%	74%
College	94%	61%	95%	78%
University	95%	67%	96%	81%
<b>Employment status</b>				
Full-time/self-employed	96%	65%	96%	79%
Part-time	94%	66%	95%	77%
Student	98%	81%	97%	84%
Homemaker	92%	56%	94%	76%
Unemployed for some reason	91%	61%	94%	76%
Retired	97%	-	97%	75%
<b>Activity level</b>				
Inactive	89%	56%	90%	67%
Somewhat active	93%	63%	94%	76%
Moderately active	96%	65%	97%	81%
Active	95%	63%	95%	81%
<b>HOUSEHOLD CHARACTERISTICS</b>				
<b>Household income</b>				
Lowest quartile (<\$50,000/yr)	91%	57%	94%	69%
2nd quartile (\$50,000-\$80,000)	94%	60%	95%	79%
3rd quartile (\$80,000-\$100,000)	95%	62%	95%	80%
Highest quartile (≥\$100,000/yr)	97%	70%	96%	84%
<b>Community size</b>				
≥250,000 residents	95%	76%	96%	78%
100,000-249,999	96%	81%	98%	82%
10,000-99,999	97%	65%	97%	81%
1,000-9,999	92%	40%	92%	76%
<1,000 residents	82%	32%	84%	70%

- Data not available due to insufficient data in cell.

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<b>HOUSEHOLD CHARACTERISTICS</b>				
<b>Region</b>				
<b>Atlantic</b>	90%	58%	91%	74%
Newfoundland and Labrador	86%	52%	90%	61%
Prince Edward Island	90%	52%	90%	82%
Nova Scotia	92%	61%	90%	78%
New Brunswick	90%	58%	92%	76%
<b>Quebec</b>	93%	60%	95%	67%
<b>Ontario</b>	95%	69%	95%	80%
<b>West</b>	95%	59%	95%	87%
Manitoba	94%	55%	91%	85%
Saskatchewan	93%	48%	92%	90%
Alberta	94%	65%	94%	86%
British Columbia	96%	58%	97%	89%
<b>North</b>	90%	38%	86%	85%
Northwest Territories	95%	40%	91%	87%
Yukon	97%	50%	97%	91%
Nunavut	-	-	-	-

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