

Bulletin 10: Transportation among children and youth

2010-2011 Physical Activity Monitor



	Inactive modes of transport	Active modes of transport	Combination of inactive and active
CHILD'S CHARACTERISTICS			
Total, 5 to 17 years			
Boys	62%	24%	14%
Girls	63%	24%	13%
5 to 12	62%	25%	13%
13 to 17	62%	24%	14%
Sport participation			
Yes, participates	62%	24%	14%
No, does not participate	62%	25%	13%
PARENT'S CHARACTERISTICS			
Total, 18+ years			
Fathers/male guardian	64%	24%	12%
Mothers/female guardian	61%	24%	15%
25 to 44	62%	24%	13%
45 to 64	62%	24%	14%
Education level			
Less than secondary	62%	26%	11%
Secondary	66%	22%	12%
College	62%	25%	14%
University	62%	24%	14%
Employment status			
Full-time/self-employed	63%	24%	13%
Part-time	60%	26%	13%
Student	53%	-	-
Homemaker	63%	25%	12%
Unemployed for some reason	68%	-	-
Retired	-	-	-
Activity level			
Inactive	67%	22%	11%
Somewhat active	63%	23%	14%
Moderately active	63%	25%	12%
Active	61%	25%	14%
HOUSEHOLD CHARACTERISTICS			
Household income			
Lowest quartile (<\$50,000/yr)	59%	28%	13%
2nd quartile (\$50,000-\$80,000)	60%	26%	13%
3rd quartile (\$80,000-\$100,000)	68%	19%	13%
Highest quartile (≥\$100,000/yr)	64%	23%	14%
Community size			
≥250,000 residents	56%	30%	14%
100,000-249,999	55%	30%	16%
10,000-99,999	63%	23%	14%
1,000-9,999	69%	19%	13%
<1,000 residents	81%	11%	7%

- Data not available due to insufficient data in cell.

Bulletin 10: Transportation among children and youth (cont'd)

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	Inactive modes of transport	Active modes of transport	Combination of inactive and active
HOUSEHOLD CHARACTERISTICS			
Region			
Atlantic	77%	12%	11%
Newfoundland and Labrador	79%	8%	13%
Prince Edward Island	87%	7%	-
Nova Scotia	73%	17%	10%
New Brunswick	80%	9%	11%
Quebec	67%	21%	12%
Ontario	60%	26%	15%
West	58%	28%	14%
Manitoba	58%	27%	15%
Saskatchewan	61%	27%	13%
Alberta	67%	22%	11%
British Columbia	50%	34%	16%
North	54%	30%	17%
Northwest Territories	51%	28%	21%
Yukon	72%	15%	13%
Nunavut	-	-	-

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Bulletin 10: Transportation among children and youth (cont'd)

2010-2011 Physical Activity Monitor



	Inactive modes of transport				Active modes of transport			Combination of inactive and active
	Car	Bus or train	Other	Combination of inactive modes	Walk	Bicycle	Walk and bicycle	
CHILD'S CHARACTERISTICS								
Total, 5 to 17 years								
Boys	22%	34%	-	5%	19%	2%	3%	14%
Girls	24%	35%	-	4%	22%	-	2%	13%
5 to 12	27%	31%	-	4%	21%	1%	3%	13%
13 to 17	17%	39%	-	6%	21%	-	2%	14%
Sport participation								
Yes, participates	24%	34%	-	4%	20%	1%	3%	14%
No, does not participate	21%	36%	-	5%	22%	-	2%	13%
PARENT'S CHARACTERISTICS								
Total, 18+ years								
Fathers/male guardian	25%	34%	-	5%	20%	-	3%	12%
Mothers/female guardian	21%	35%	-	4%	21%	1%	3%	15%
25 to 44	25%	33%	-	4%	21%	1%	3%	13%
45 to 64	21%	35%	-	5%	20%	-	2%	14%
Education level								
Less than secondary	16%	43%	-	-	18%	-	-	11%
Secondary	24%	38%	-	4%	20%	-	-	12%
College	21%	37%	-	4%	21%	-	3%	14%
University	26%	30%	-	5%	21%	-	2%	14%
Employment status								
Full-time/self-employed	22%	35%	-	5%	20%	-	3%	13%
Part-time	20%	37%	-	-	23%	-	-	13%
Student	-	-	-	-	-	-	-	-
Homemaker	18%	39%	-	-	23%	-	-	-
Unemployed for some reason	-	39%	-	-	-	-	-	-
Retired	-	-	-	-	-	-	-	-
Activity level								
Inactive	25%	36%	-	6%	20%	-	-	11%
Somewhat active	22%	35%	-	5%	20%	-	3%	14%
Moderately active	25%	34%	-	3%	21%	-	2%	12%
Active	23%	34%	-	4%	21%	-	3%	14%
HOUSEHOLD CHARACTERISTICS								
Household income								
Lowest quartile (<\$50,000/yr)	19%	36%	-	3%	24%	-	2%	13%
2nd quartile (\$50,000-\$80,000)	23%	33%	-	4%	22%	-	3%	13%
3rd quartile (\$80,000-\$100,000)	25%	40%	-	4%	16%	-	-	13%
Highest quartile (≥\$100,000/yr)	25%	32%	-	5%	19%	-	2%	14%
Community size								
≥250,000 residents	28%	23%	-	5%	27%	-	2%	14%
100,000-249,999	18%	33%	-	-	24%	-	-	16%
10,000-99,999	25%	33%	-	4%	19%	-	2%	14%
1,000-9,999	18%	44%	-	6%	16%	-	2%	13%
<1,000 residents	14%	63%	-	4%	9%	-	-	7%

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HOUSEHOLD CHARACTERISTICS								
Region								
Atlantic	23%	48%	-	6%	11%	-	-	11%
Newfoundland and Labrador	28%	45%	-	-	7%	-	-	13%
Prince Edward Island	23%	57%	-	-	-	-	-	-
Nova Scotia	20%	48%	-	-	16%	-	-	10%
New Brunswick	24%	48%	-	-	8%	-	-	11%
Quebec	20%	42%	-	4%	18%	-	-	12%
Ontario	20%	35%	-	5%	22%	-	3%	15%
West	30%	24%	-	4%	23%	-	3%	14%
Manitoba	26%	27%	-	-	23%	-	-	15%
Saskatchewan	24%	32%	-	-	20%	-	-	13%
Alberta	31%	32%	-	-	18%	-	-	11%
British Columbia	31%	16%	-	-	29%	-	-	16%
North	27%	18%	-	5%	25%	-	3%	17%
Northwest Territories	33%	13%	-	-	23%	-	-	21%
Yukon	29%	33%	-	10%	12%	-	-	13%
Nunavut	-	-	-	-	-	-	-	-

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