

Encouraging Active Schools

2015 OPPORTUNITIES FOR PHYSICAL ACTIVITY AT SCHOOL SURVEY



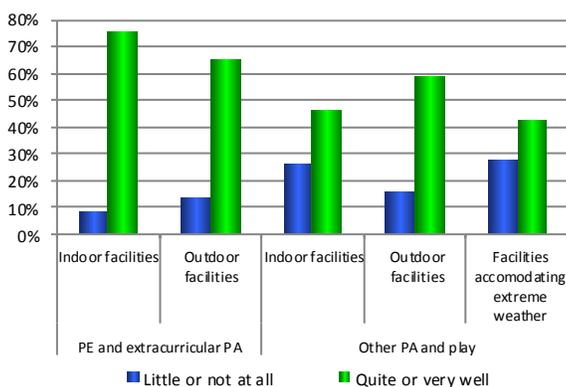
Ratings of facilities for meeting students' needs for physical activity at school

The 2015 Opportunities for Physical Activity at School survey asked school administrators about the degree to which facilities for physical education (PE) and other physical activity (PA) programs meet the needs of students (for example, the capacity of the facilities, safety, and general maintenance). The majority of schools feel that the indoor (76%) and outdoor (65%) facilities for PE and extracurricular PA programs meet students' needs quite or very well. Less than 15% of administrators indicate that these facilities do not meet students' needs at all or only a little.

In addition, 59% of administrators report that the outdoor facilities and 46% indicate that the indoor facilities meet students' needs for other PA and play (excluding PE and extracurricular PA programs). On the contrary 26% of school administrators say that the indoor facilities and 16% state that outdoor facilities meet needs' only a little bit or not at all. Just over four in ten (42%) administrators report that facilities to accommodate PA even during extreme weather meet students' needs quite or very well, whereas 28% say that the facilities do not meet needs at all or very little.

FIGURE 1

Ratings of facilities for meeting students' needs for physical activity at school



Opportunities for Physical Activity at School Survey, 2015, CFLRI

Region

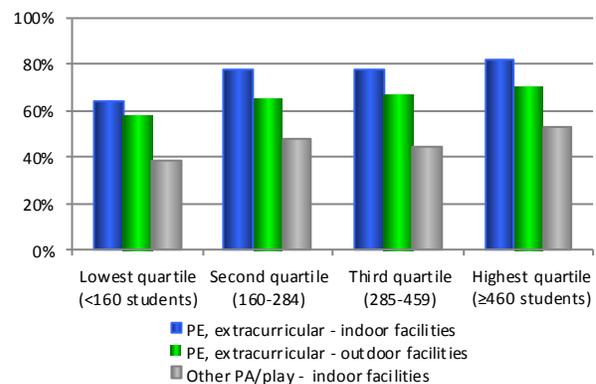
There are very few significant regional differences with respect to opinions about the schools facilities for meeting students' PA needs, with one exception. Compared to the average, a greater proportion of Atlantic schools indicate that outdoor facilities for other PA and play (outside of PE and extracurricular PA programs) do not meet student's needs at all or very little.

School characteristics

Schools with the largest student populations are more likely than the smallest schools to say that the outdoor and indoor facilities for PE and extracurricular PA programs as well as the indoor facilities for other PA and play meet students' needs quite or very well.

FIGURE 2

High ratings of facilities for meeting students' needs, by student population size



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Comprehensive schools (kindergarten to grade 12) are less likely than the average school to report that outdoor facilities for PE or extracurricular PA programs meet students' needs quite or very well, however, they are more likely to indicate these high ratings with respect to their facilities accommodating extreme weather. A greater proportion of schools comprised of both middle and secondary grades indicate that the *indoor* facilities for other PA and play meet students' needs quite or very well compared to the national average, yet fewer of these types of schools attribute this high rating to the *outdoor* facilities for other PA and play. Secondary schools are more likely than the average to indicate that the outdoor facilities for other PA and play do not meet students' needs at all or only a little.

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