

Municipal Opportunities for Physical Activity

2015 SURVEY OF PHYSICAL ACTIVITY OPPORTUNITIES IN CANADIAN COMMUNITIES

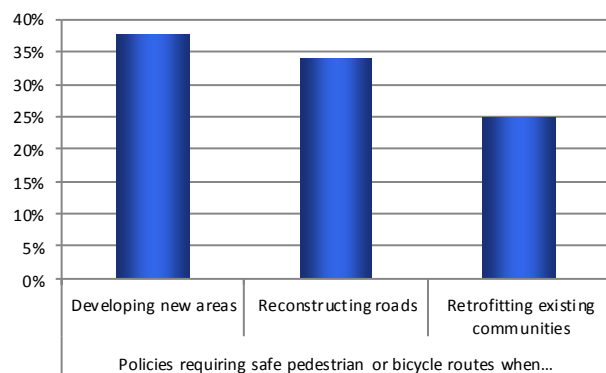


Policies for safe active transportation routes in community development

The Canadian Fitness and Lifestyle Research Institute conducted the 2015 Survey of Physical Activity Opportunities in Canadian Communities exploring factors associated with physical activity and sport at the local or community level. In this survey, municipal administrators (in communities with at least 1,000 residents) were asked about policies which require safe pedestrian and bicycle routes during community development, and this bulletin describes these findings with respect to community characteristics.

Roughly one-third of municipal administrators (in communities with at least 1,000 residents) report that their municipality has a policy regarding safe pedestrian and bicycle routes when developing new areas in their community (38%) whereas 34% indicate such a policy when reconstructing roads. One-quarter of municipalities have a policy require safe pedestrian and bicycle routes when retrofitting existing communities.

FIGURE 1
Policies requiring safe pedestrian or bicycle routes during community development

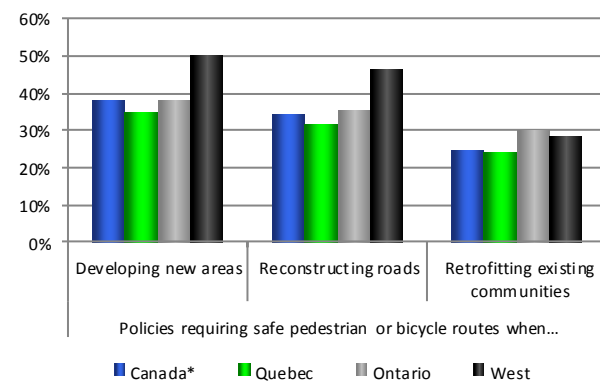


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Community characteristics

Some regional variability exist with respect to the availability of policies that require safe pedestrian or bicycle routes during community development. Communities in the West are more likely than the average to have these types of policies for the development of new areas or when reconstructing roads.

FIGURE 2
Policies requiring safe pedestrian or bicycle routes during community development by region



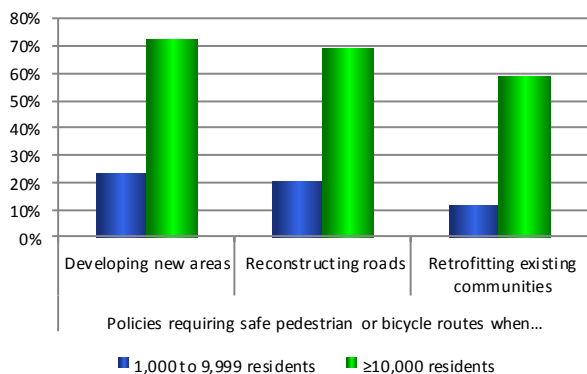
*Cell size for the Atlantic and North do not permit the release of this data

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A greater proportion of larger communities (10,000 or more residents) cite the presence of policies requiring safe pedestrian or bicycle routes during community development compared to smaller communities (between 1,000 and 9,999 residents).

FIGURE 3

Policies requiring safe pedestrian or bicycle routes during community development by community size



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