Physical Activity

This infographic is based on data from the Canadian Fitness and Lifestyle Research Institute's 2021-2022 Opportunities for Physical Activity at School survey.

After school programming

School offers supervised after school programs for students specific to physical activity



School offers *other* supervised after school programs for students



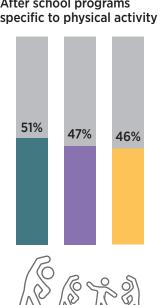
After school programming by student population size*

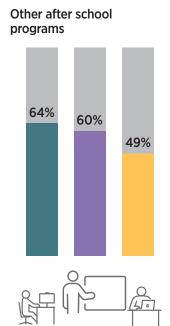
Smaller (300 students or less) Larger schools (>300 students)

After school programs Other after school specific to physical activity programs 38% 58%

After school programming by school location

■ Inner city/Urban ■ Suburban ■ Rural After school programs specific to physical activity



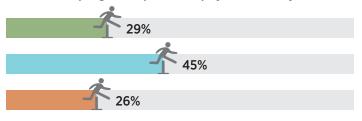




Student attendance at after school programs

■ None or very few ■ Some ■ Many to all students

After school programs specific to physical activity



Other after school programs

