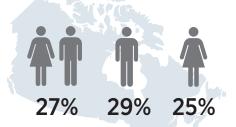
RELAYING THE RESEARCH



Volunteering in Sport

Volunteers play a vital role in the day-to-day operations for many community and non-profit organizations. More specifically, volunteers play a critical role in the delivery system for sport, recreation and physical activity programming at all levels from community- to national-level. *Source: CFLRI, 2020 Sport Monitor*

% of Canadians who volunteered in sport in the past 12 months



Number of hours/year on average

Overall	103	
Men	122	
Women	82	

% of adults who volunteered in sport in the past 12 months, by age









Number of hours/year on average

18 to 24	96
25 to 44	83
45 to 64	121
65 and older	109

Attitudes towards volunteering

% who received adequate training

% indicating that contribution is valued

% indicating that volunteering positively contributes to organization or community



Important reasons for volunteering in sport (among volunteers and non-volunteers)



Social networking, meeting people, contributing to the community



For development, mentorship, maintaining or promoting sport



Enjoyment/ interest in sport or organization



Family/friends are involved



For health, fitness, healthy development

Key barriers to volunteering (among non-volunteers)

Time or busy schedule

Lack of access, availability or knowledge of opportunities

18 to 24

25 to 44

45 to 64

65 and older

Time or busy schedule

Lack of access, availability or knowledge of opportunities

20%

11%

9%

8%



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