

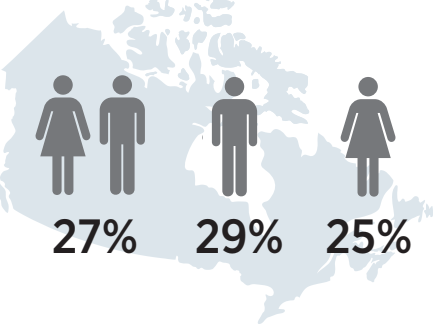
RELAYING THE RESEARCH



Volunteering in Sport

Volunteers play a vital role in the day-to-day operations for many community and non-profit organizations. More specifically, volunteers play a critical role in the delivery system for sport, recreation and physical activity programming at all levels from community- to national-level. *Source: CFLRI, 2020 Sport Monitor*

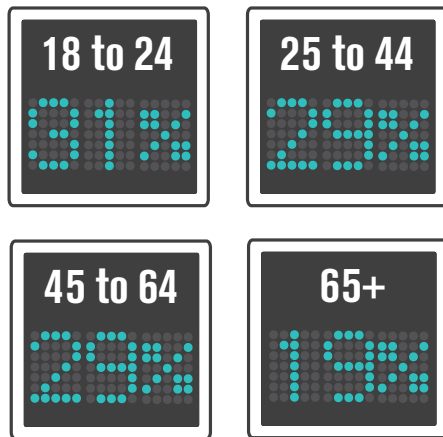
% of Canadians who volunteered in sport in the past 12 months



Number of hours/year on average

Overall	103
Men	122
Women	82

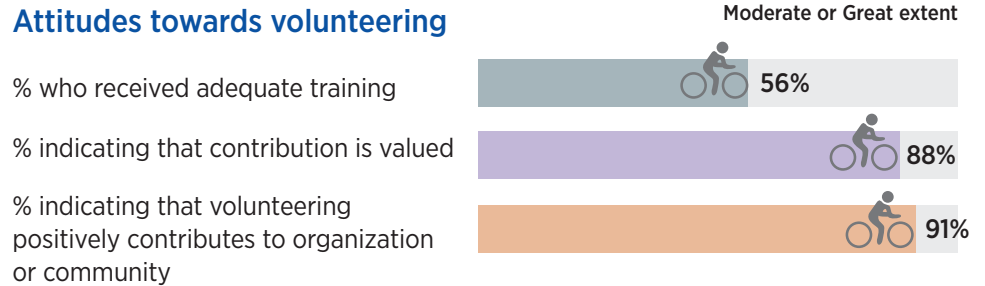
% of adults who volunteered in sport in the past 12 months, by age



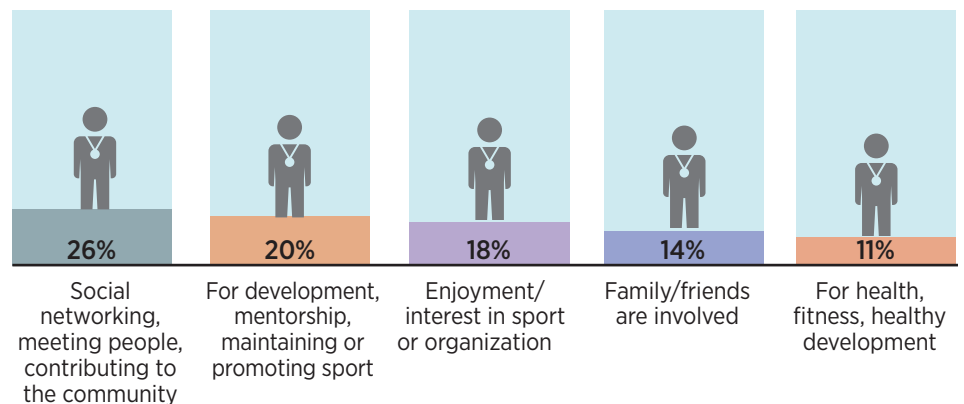
Number of hours/year on average

18 to 24	96
25 to 44	83
45 to 64	121
65 and older	109

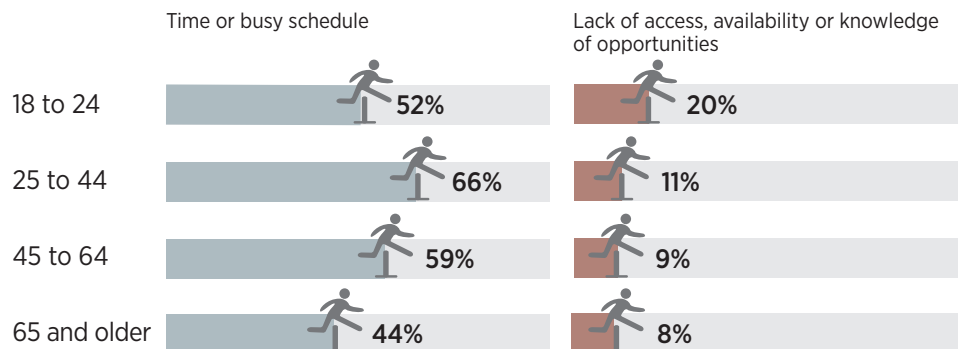
Attitudes towards volunteering



Important reasons for volunteering in sport (among volunteers and non-volunteers)



Key barriers to volunteering (among non-volunteers)



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