

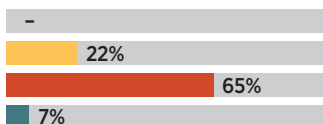
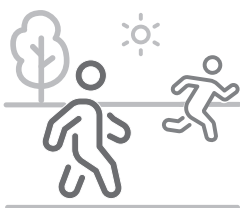
# Physical Activity FILES

This infographic provides data results from the Canadian Fitness and Lifestyle Research Institute's 2020-2021 Survey of Physical Activity Opportunities in Canadian Communities.

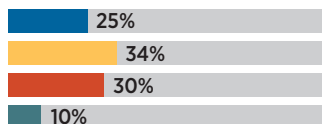
## Ratings of priority for health promotion in the community\*

■ Little or no priority ■ Somewhat ■ Moderate to very high priority ■ Unsure/Not applicable

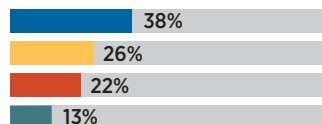
### Physical activity and sport



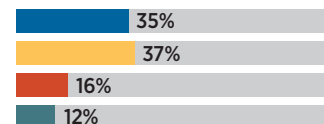
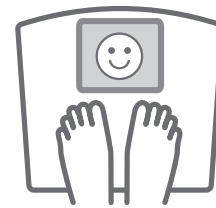
### Healthy eating



### Smoking and vaping cessation



### Healthy weight

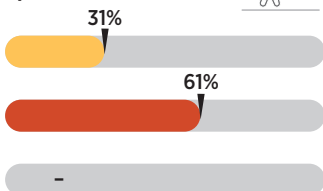


## Ratings of priority for health promotion by community size\*

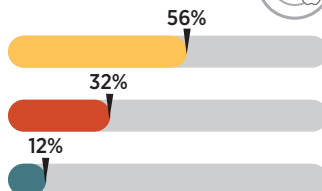
■ Not at all to some priority ■ Moderate to very high priority ■ Unsure/Not applicable

### 1,000-9,999 residents

#### Physical activity and sport

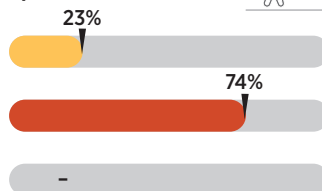


#### Healthy eating

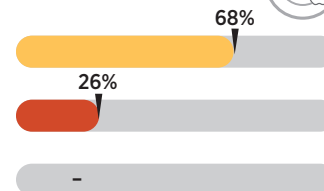


### ≥10,000 residents

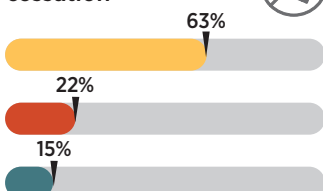
#### Physical activity and sport



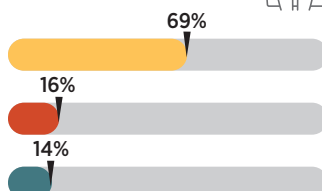
#### Healthy eating



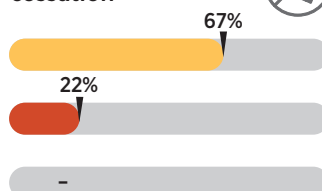
#### Smoking and vaping cessation



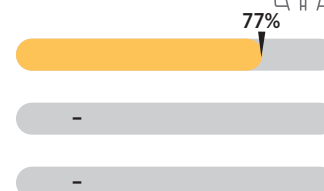
#### Healthy weight



#### Smoking and vaping cessation



#### Healthy weight



## Ratings of priority for health promotion by region\*

Compared to the national average, relatively:

More communities in the **Atlantic region** report moderate to very high priority for physical activity and sport.

More communities in **Quebec** indicate moderate to very high priority for all of the four types of health promotion.

Fewer communities in **Ontario** report moderate to very high priority for physical activity and sport.

Fewer communities in the **West** indicate moderate to very high priority for physical activity/ sport and healthy eating.

\*Communities with ≥1,000 residents (-) Data suppressed due to cell size



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