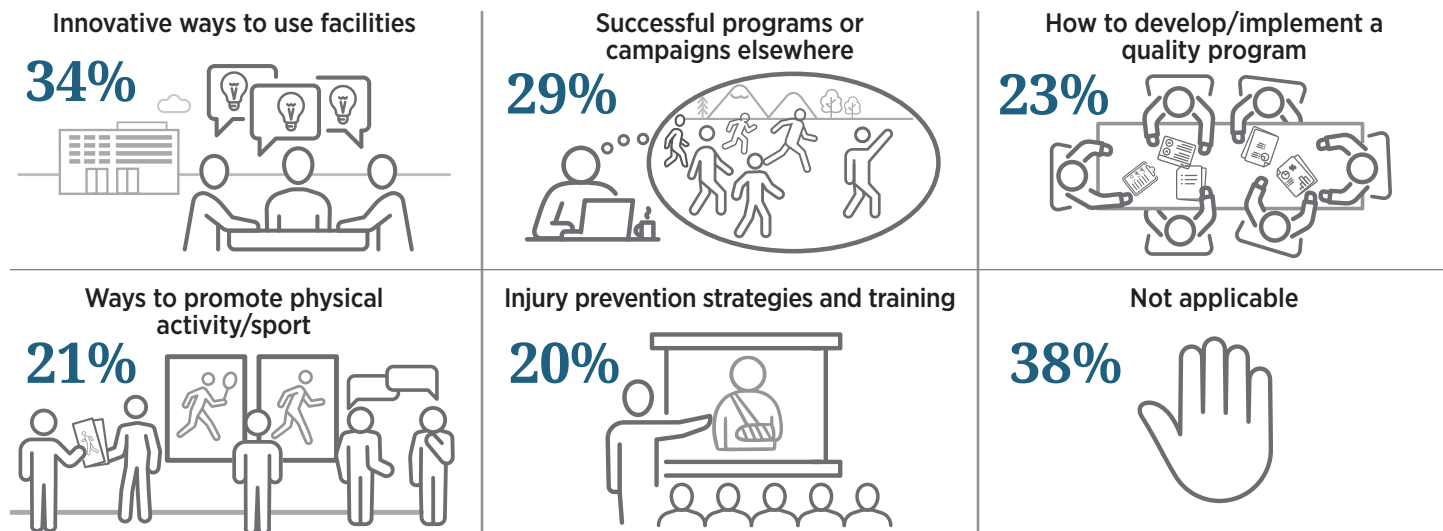


Physical Activity FILES

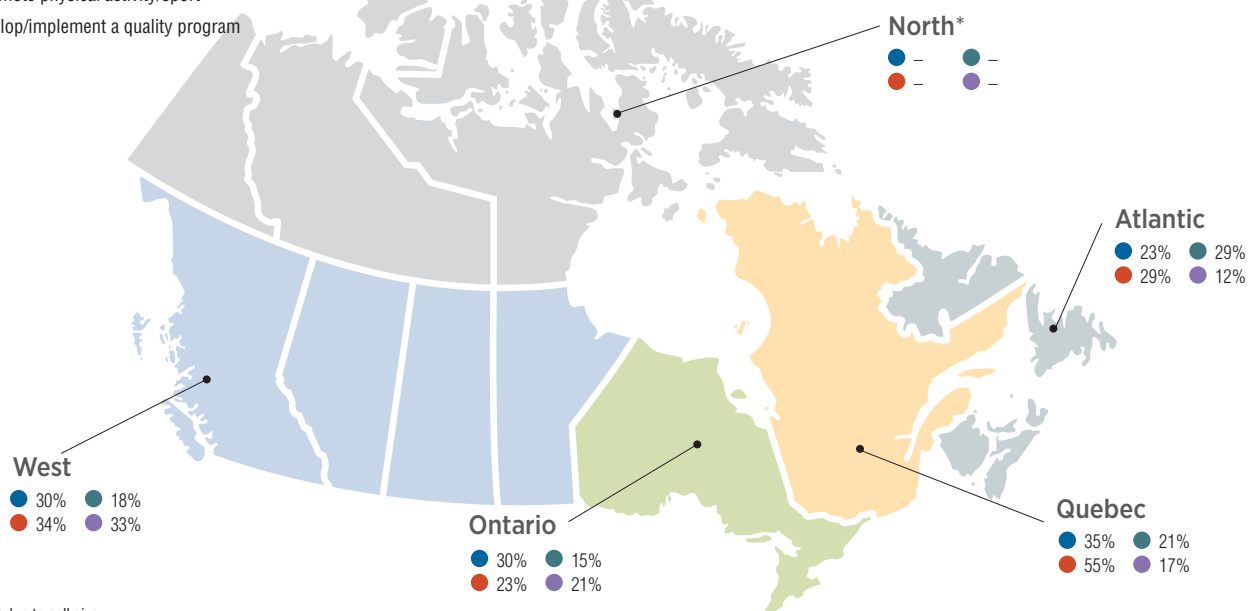
This infographic provides data results from the Canadian Fitness and Lifestyle Research Institute's 2021-2022 Opportunities for Physical Activity at Work survey.

Information required for sport and physical activity programs at work



Types of useful information for developing sport and physical activity programming and services at work by region

- Successful programs or campaigns elsewhere
- Innovative ways to use facilities
- Ways to promote physical activity/sport
- How to develop/implement a quality program



*Data suppressed due to cell size