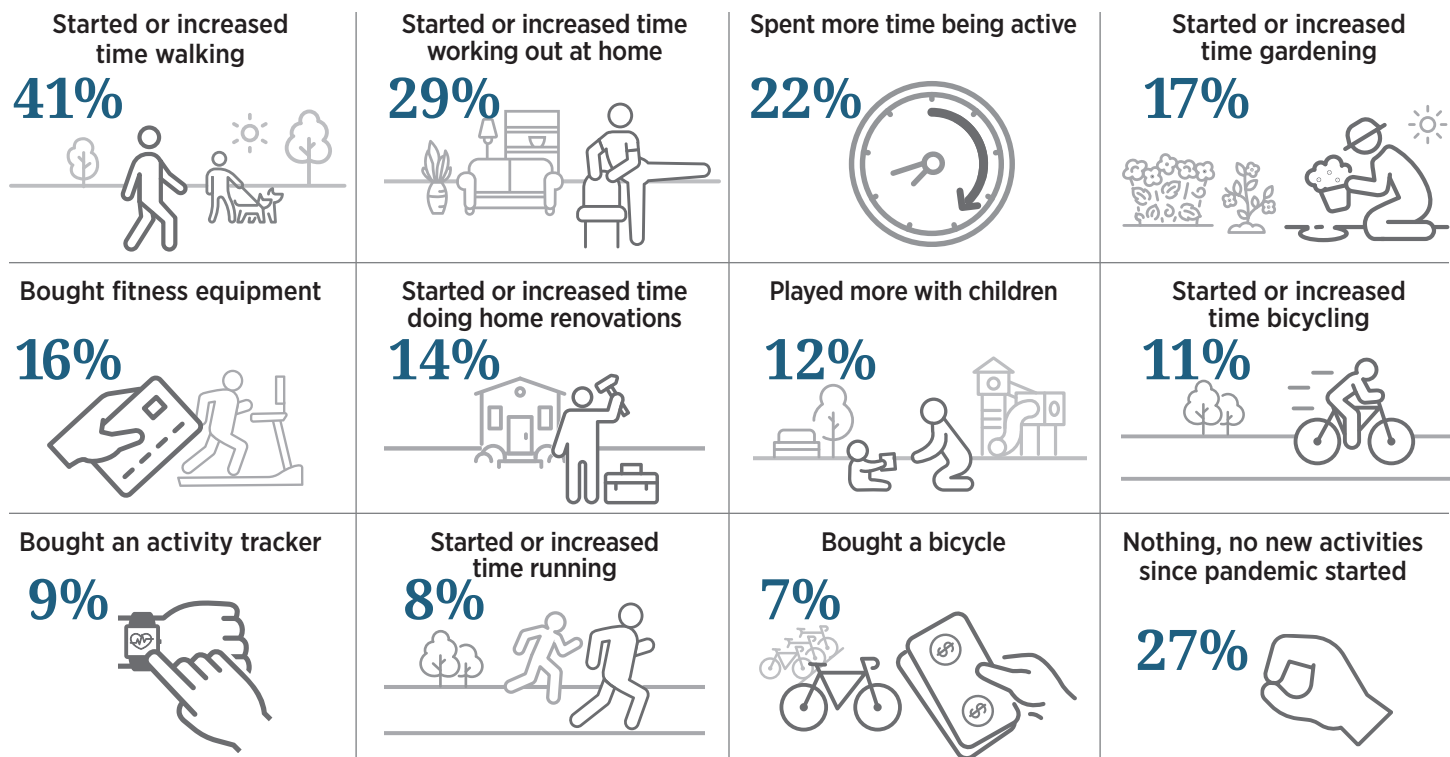


Physical Activity FILES

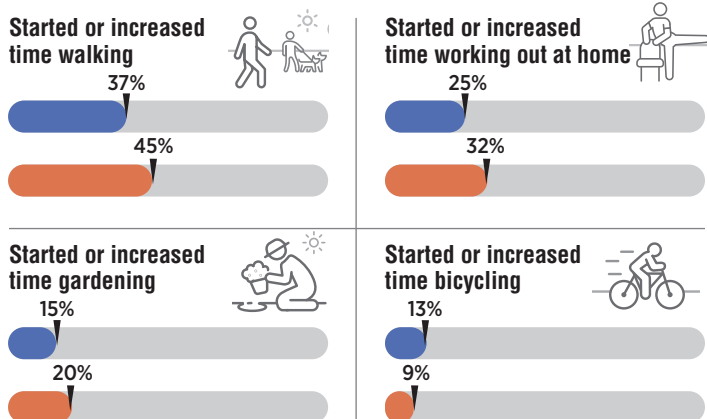
This infographic was based on data results from the Canadian Fitness and Lifestyle Research Institute's 2022 Impact of COVID-19 on Physical Activity and Sport survey.

Participation in new or different physical activities during the COVID-19 pandemic



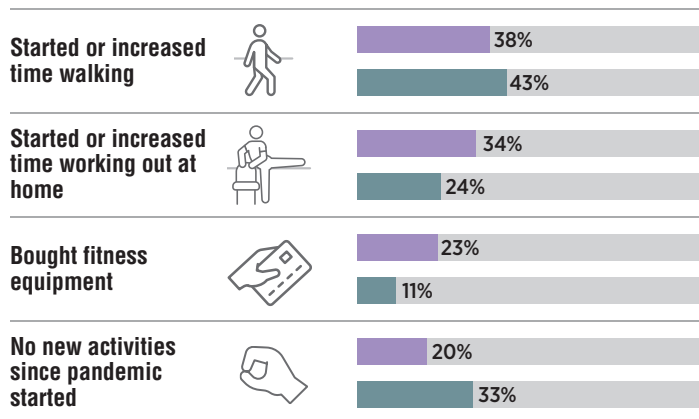
Participation in new/different physical activities during the COVID-19 pandemic by gender

■ Men ■ Women



Participation in new/different physical activities during the COVID-19 pandemic by age

■ 18 to 44 ■ 45 years and older



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