

Spotlight Series

A focus on sport, physical activity and recreation

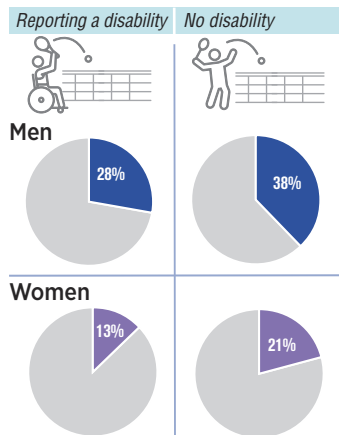
Sport participation among adults by disability status

This infographic provides findings from the 2024 Physical Activity and Sport Survey by Leger in collaboration with the Canadian Fitness and Lifestyle Research Institute. This infographic examines the associations between sport participation and disability status.

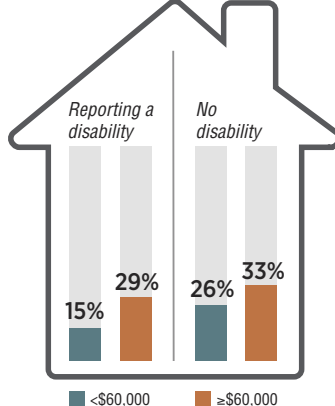
In 2024, 27% of adults reported participating in sport in the past year

Participation by disability status

■ Men ■ Women

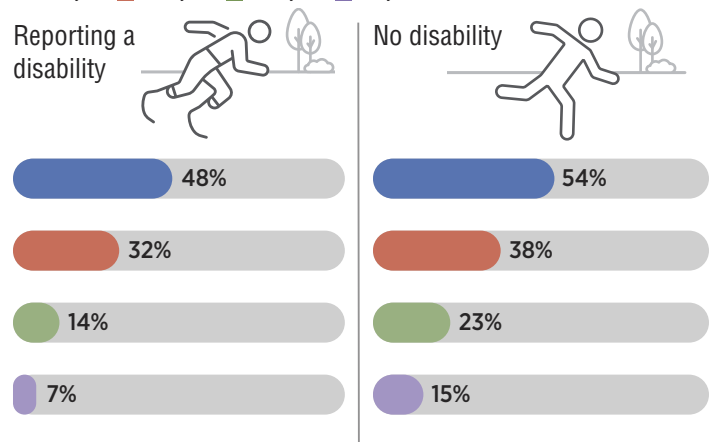


Participation by annual household income by disability status



Participation in sport in the past year by age and by disability status

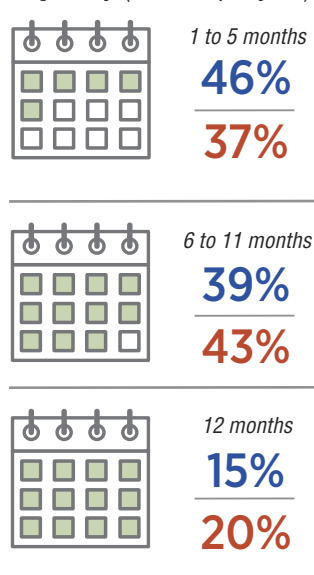
■ 18-24 years ■ 25-44 years ■ 45-64 years ■ ≥65 years



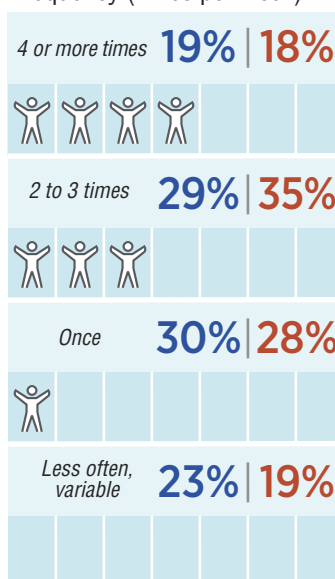
Regularity and frequency of sport participation by disability status

■ Reporting a disability ■ No disability

Regularity (months per year)

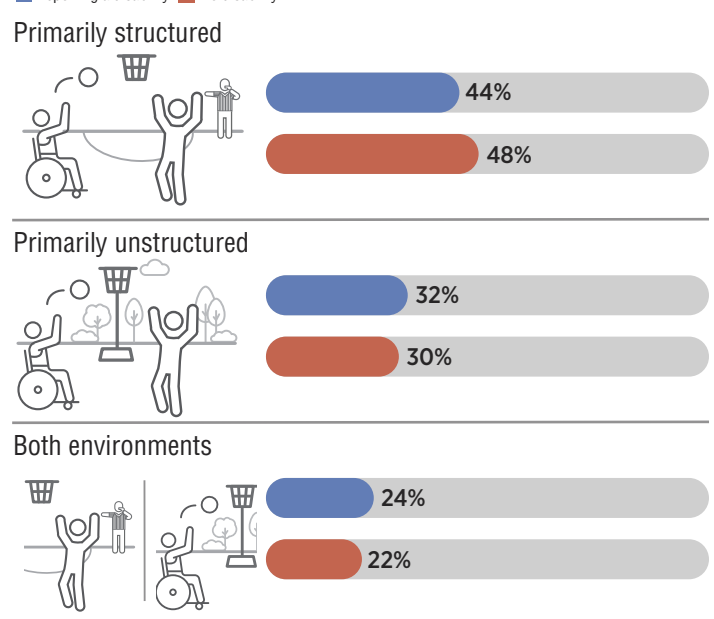


Frequency (times per week)



Preferred structure of sport by disability status

■ Reporting a disability ■ No disability



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