

Spotlight Series

A focus on sport, physical activity and recreation

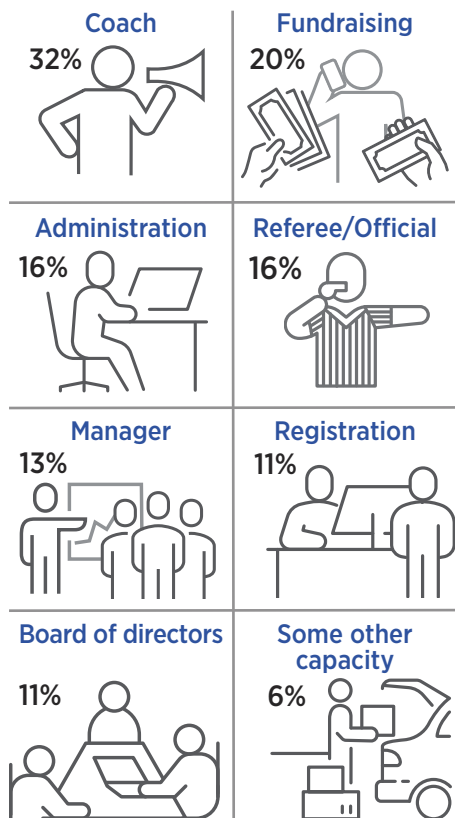


Volunteering in sport, physical activity, and recreation

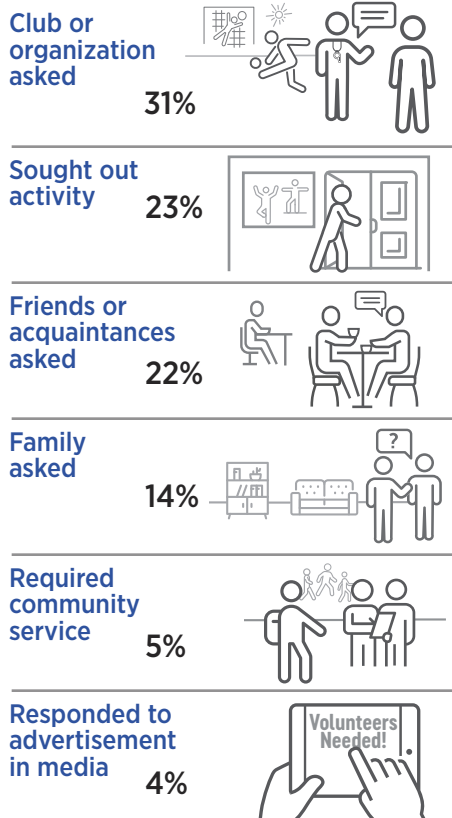
This infographic provides findings from the 2024 *Physical Activity and Sport Survey* by Leger in collaboration with the Canadian Fitness and Lifestyle Research Institute.



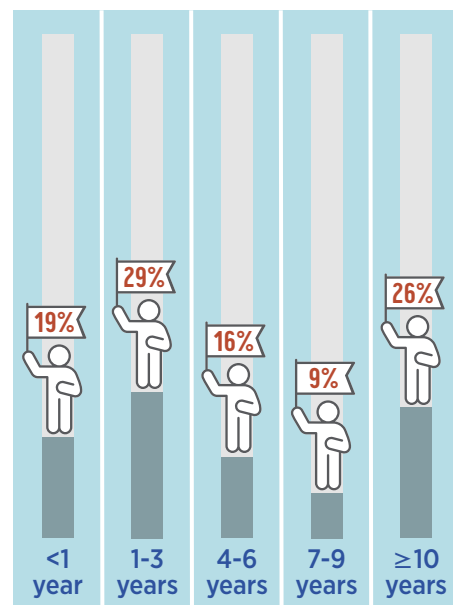
Ways that adults volunteered in sport or physical activity



Most frequented way to recruit volunteers



Length of time volunteering



Perceptions about receiving adequate training to volunteer



Canadian Fitness and Lifestyle Research Institute

230-2733 Lancaster Rd., Ottawa, ON K1B 0A9

www.cflri.ca

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