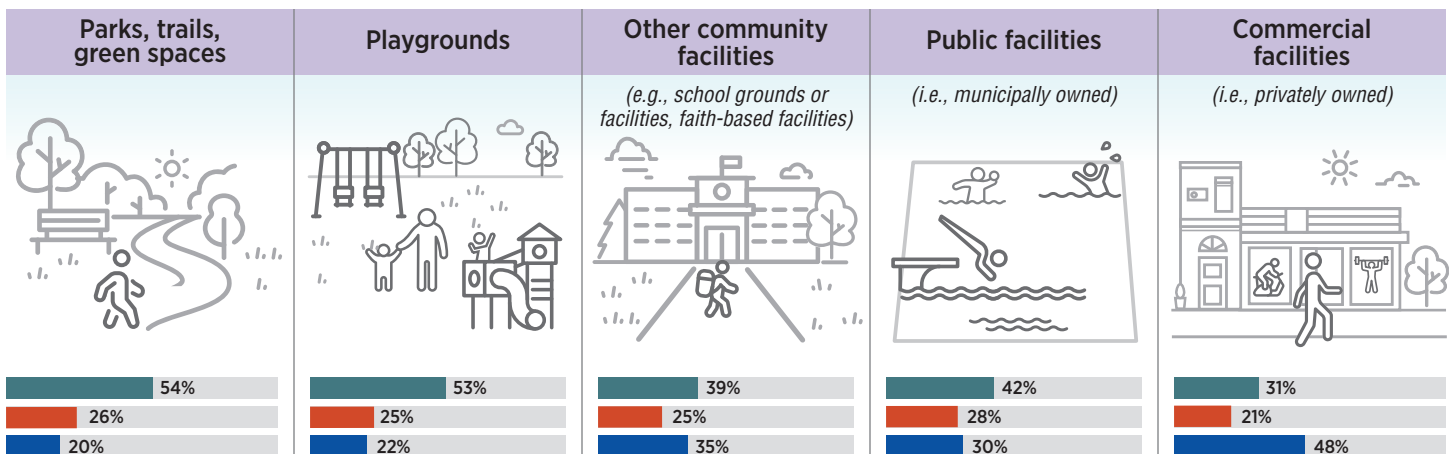


Physical Activity FILES

This infographic provides findings from the Canadian Fitness and Lifestyle Research Institute's 2025 Physical Activity Monitor Parent Survey (a focus on physical activity and sport participation of children and youth aged 1 to 17 years).

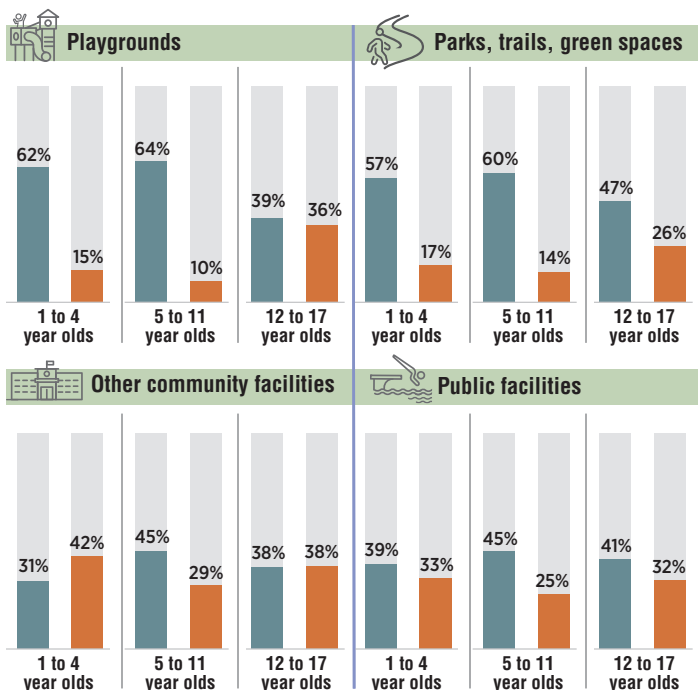
Usage of sport, physical activity and recreation facilities by children and youth

■ Uses often or very often ■ Uses sometimes ■ Uses not very often or never



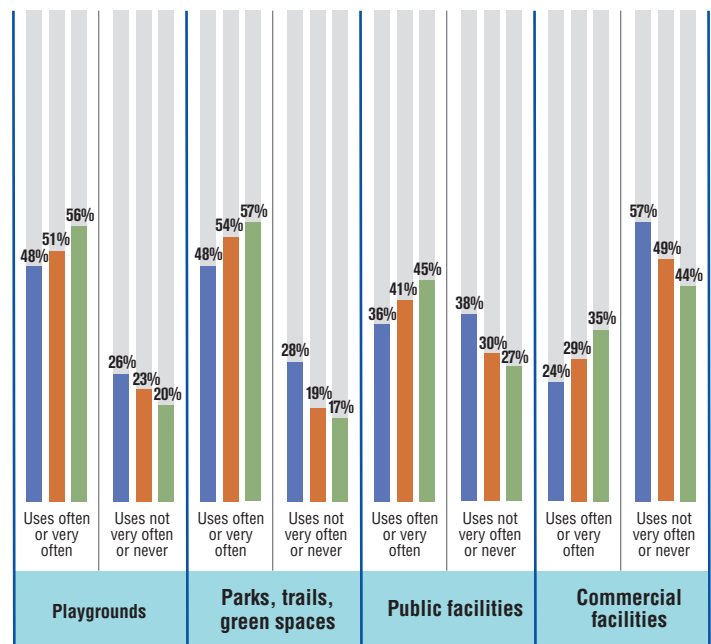
Usage of sport, physical activity and recreation facilities by children/youth by age

■ Uses often or very often ■ Uses not very often or never



Usage of sport, physical activity and recreation facilities by children/youth by community size

■ <10,000 ■ 10,000-99,999 ■ ≥100,000 residents



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