

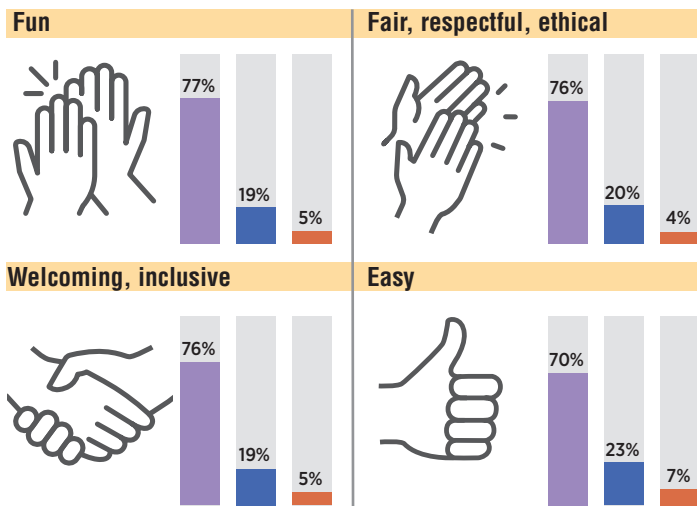
Physical Activity FILES

This infographic provides findings from the Canadian Fitness and Lifestyle Research Institute's 2025 Physical Activity Monitor Parent Survey (a focus on physical activity and sport participation of children and youth aged 1 to 17 years).

Perceptions about sport and physical activity opportunities for children and youth – attitudes

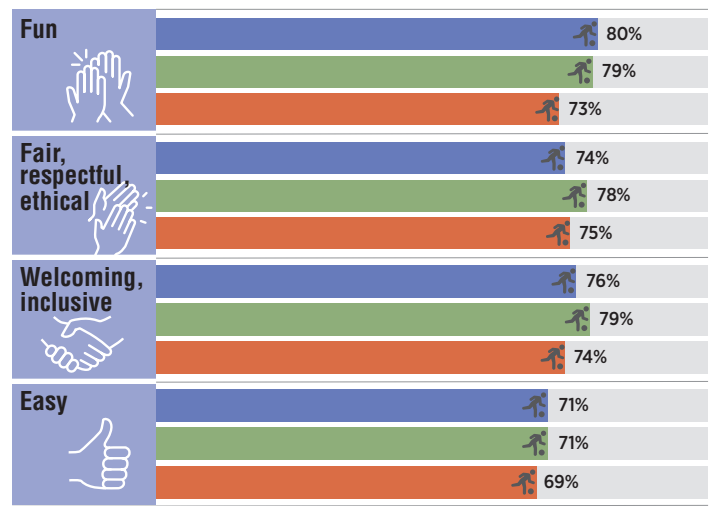
Attitudes about sport and physical activity opportunities for children and youth

■ To a moderate or great extent ■ To some extent ■ Not at all or to a little extent



Attitudes about sport and physical activity opportunities for children and youth by age*

■ 1 to 4 years ■ 5 to 11 years ■ 12 to 17 years



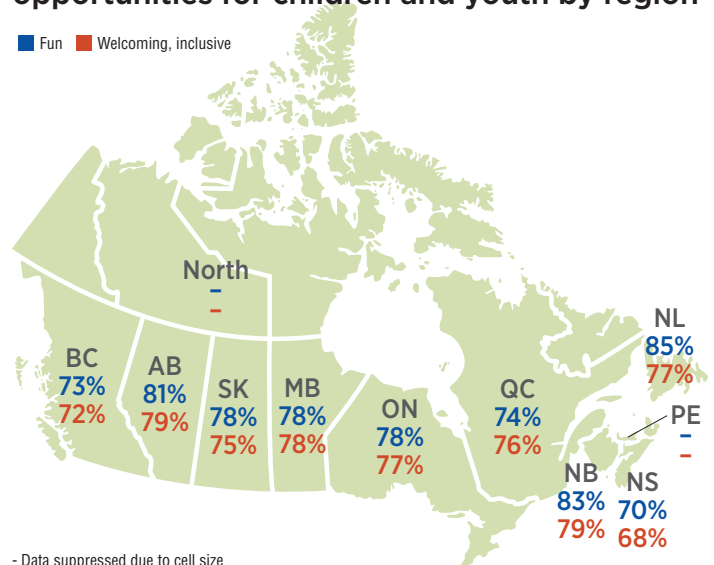
Attitudes about sport and physical activity opportunities for children and youth by household income*

■ <\$60,000 ■ \$60,000-\$99,999 ■ ≥\$100,000/year



Attitudes about sport and physical activity opportunities for children and youth by region*

■ Fun ■ Welcoming, inclusive



*represents those indicating a response of a "moderate or great extent"